

# Packing for Treatment

ADULTS

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rosecrance®  
BEHAVIORAL HEALTH

## WHAT TO BRING ✓

- 30-day supply of medication in original container (subject to approval by medical staff)\*
- Comfortable clothing for one week
- Paper, pocket folders, pencils and/or pens, notebooks, and stamps
- Laundry basket
- Alarm/radio-clock†
- Laundry detergent
- Feminine hygiene products (if applicable)
- Disposable razors
- Shampoo, conditioner, hair gel
- Soap (must be in a pump or plastic container)
- Cigarettes (allowed, but not preferred)
- Pillows/bedding materials (optional)‡
- Toothbrush and toothpaste (must have plastic container for toothbrush)
- Small bills for vending machine use
- Cell phones (cell phones are secured, but may be used for virtual visits)
- Cell phone chargers

## WHAT NOT TO BRING ⊘

- Liquid medication (unless pre-approved by medical staff)
- Weapons of any kind
- Products that contain alcohol (i.e., mouthwash, perfume, colognes, aftershave, and hairspray)
- Fingernail polish or nail kits
- Cigarette lighters or matches
- Chewing tobacco
- Food or sodas
- Aerosol cans (i.e., deodorant, hairspray, etc.)
- Bleach
- Cameras
- E-cigarettes or vaping material
- Clothing iron
- Non-prescription drugs, alcohol, or other paraphernalia
- Homemade food
- Opened over-the-counter medicines
- Electronic devices that have internet and/or photographic capabilities (i.e., smart watches, tablets, gaming consoles, laptops, etc.; excluded from this list are cell phones)

\*If medication dosage has changed from what is written on the container, please request that your physician supply you with a written prescription. Orders may also be faxed to 815.387.7906.

†The Rosecrance Environmental Services inspects and approves all electronic items.

‡If there is reason to be concerned about infection risk and we cannot launder the item, it must be bagged and picked up.

General medications are supplied by nursing staff. Prescribed medications should be given to staff upon admission. If you are unsure if something is allowable or not, please contact Rosecrance prior to bringing the item to treatment.