



## ROSECRANCE CENTRAL ILLINOIS ADULTS

# Packing for Treatment

### What to bring to treatment

- Seven days of clothes with walking shoes (slippers will not be counted as walking shoes). No hats, hoodies, bandannas, or sunglasses are to be worn inside the building.
- Shower shoes
- Laundry soap for clothes (no bleach)
- 30-day supply of personal hygiene products (for bathroom and shower—no aerosol cans, cologne, or perfume with alcohol)
- Quarters or dollar bills for the vending machines. No more than \$50.
- 30-day supply of cigarettes, if a smoker
- All medications in original containers (30-day supply)
- Spill proof cup with lid. **All drinks must remain in the dining area unless you have a spill proof cup.**
- Co-pay (\$300), if indicated at assessment
- Warm clothing, even during the summer months
- Alarm clock without a radio
- Ear plugs

**Rosecrance is not responsible for lost or stolen items. Clients are responsible for their own money and belongings.**

Rosecrance is not responsible for taking clients to the store to purchase hygiene supplies, tobacco, or other related items for the treatment stay for at least the first 30 days. Clients that have visitations will be required to have family or loved ones provide needed supplies.

### What not to bring to treatment

- Food or beverages
- Electronics (examples include, but not limited to, cell phone, camera, iron, laptops, tablets/iPads).
- Products with alcohol, or toxic products, that could be inhaled (nail polish, remover etc.)
- Aerosol cans
- Bedding or linens (blankets, pillows, or towels)
- Tobacco chew
- Cigarette rolling machines or loose tobacco products (only cigarette packs are allowed)
- Cigarette lighters or matches
- Short shorts, tank tops, shirts without sleeves or clothing that is see through
- DVDs or CDs