ADULTS

Packing for Treatment

What to bring to treatment

- 30-day supply of medication in original container (subject to approval by medical staff)**
- Clothing for one week (comfortable)
- Paper, pocket folders, pencils and/or pens and notebooks
- Plastic clothes hangers and laundry basket
- Alarm/radio-clock*
- Laundry detergent
- Feminine hygiene products (if applicable)
- Disposable razors
- Shampoo, conditioner, hair gel
- Soap (must be in pump or plastic container)
- Cigarettes (allowed, but not preferred)
- Pillows/bedding material (optional)***
- Toothbrush and toothpaste (must have plastic container for toothbrush)
- Small amount of cash for personal use
- Cell phones (cell phones are secured, but may be used for virtual visits)
- Cell phone chargers

*The Rosecrance Environmental Services inspects and approves all electrical items.

**If dosage has changed from what is written on the container, please request that your physician supply you with a written prescription. Orders may also be faxed to 815.387.7906.

***If there is reason to be concerned about infection risk and we cannot launder the item, then it must be bagged and picked up.

What not to bring to treatment

- Liquid medication (unless pre-approved by medical staff)
- Weapons of any kind
- Products that contain alcohol: i.e., mouthwash, perfume, colognes, aftershave and hair spray
- Fingernail polish or nail kits
- Cigarette lighters or matches
- Food or soda
- Aerosol cans (i.e. deodorant, hairspray etc.)
- Bleach
- Cameras/disposable cameras
- Pager
- Iron
- Non prescription drugs, alcohol or other paraphernalia
- Homemade food
- Opened over-the-counter medicines
- Electronic devices that have internet or photographic capabilities (examples include, but not limited to IPads, Ipod Touch, Nintendo DS and Sony PSP; excluded from this list are cell phones)

General medications are supplied by nursing staff. Prescribed medications should be given to staff upon admission. If you are unsure if something is allowable or not, please contact Rosecrance prior to bringing the item to treatment.

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