



ADULTS

Packing for Treatment

What to bring to treatment

- 30-day supply of medication in original container (subject to approval by medical staff)**
- Clothing for one week (comfortable)
- Paper, pocket folders, pencils and/or pens and notebooks
- Plastic clothes hangers and laundry basket
- Alarm/radio-clock*
- Laundry detergent
- Feminine hygiene products (if applicable)
- Disposable razors
- Shampoo, conditioner, hair gel
- Soap (must be in pump or plastic container)
- Cigarettes (allowed, but not preferred)
- Pillows/bedding material (optional)***
- Toothbrush and toothpaste (must have plastic container for toothbrush)
- Small amount of cash for personal use
- Cell phones (cell phones are secured, but may be used for virtual visits)
- Cell phone chargers

*The Rosecrance Environmental Services inspects and approves all electrical items.

**If dosage has changed from what is written on the container, please request that your physician supply you with a written prescription. Orders may also be faxed to 815.387.7906.

***If there is reason to be concerned about infection risk and we cannot launder the item, then it must be bagged and picked up.

What not to bring to treatment

- Liquid medication (unless pre-approved by medical staff)
- Weapons of any kind
- Products that contain alcohol: i.e., mouthwash, perfume, colognes, aftershave and hair spray
- Fingernail polish or nail kits
- Cigarette lighters or matches
- Food or soda
- Aerosol cans (i.e. deodorant, hairspray etc.)
- Bleach
- Cameras/disposable cameras
- Pager
- Iron
- Non prescription drugs, alcohol or other paraphernalia
- Homemade food
- Opened over-the-counter medicines
- Electronic devices that have internet or photographic capabilities (examples include, but not limited to iPads, Ipad Touch, Nintendo DS and Sony PSP; excluded from this list are cell phones)

General medications are supplied by nursing staff. Prescribed medications should be given to staff upon admission. **If you are unsure if something is allowable or not, please contact Rosecrance prior to bringing the item to treatment.**