Rosecrance Intensive Outpatient Program (IOP) helps women achieve abstinence from drugs and alcohol with a program designed to meet the unique circumstances/situations facing women with substance use disorders. The goal of the program is to help women develop healthy coping strategies to pursue lasting recovery.

Group therapy

Group therapy will include three sessions per week. Each session is three hours and addresses the gender-specific issues of women in relation to the social, physiological, and psychological consequences of substance use, factors related to the onset of addiction, and promoting wellness.

Location
Groups are held at Rosecrance McHenry County Service—Crystal Lake location at 422 Tracy Court
Crystal Lake, IL 60014

Program day and time
Tuesday, Wednesday, Thursday from 1 to 4 pm.

Target population
Adult women abusing substances.

Contact information
- **Current Rosecrance clients:** Please inform your primary counselor of interest in this group for a referral.
- **Potential Rosecrance clients:** Please contact the Access Department at 815.363.6132 to schedule an assessment to engage in services.

Rosecrance is a leading provider of treatment services for individuals with substance use and mental health disorders. Nearly 50,000 children, teens, adults, and families receive help each year.