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ROSECRANCE MCHENRY COUNTY

## Women Specific IOP Program



Rosecrance Intensive Outpatient Program (IOP) helps women achieve abstinence from drugs and alcohol with a program designed to meet the unique circumstances/situations facing women with substance use disorders. The goal of the program is to help women develop healthy coping strategies to pursue lasting recovery.

### Group therapy

Group therapy will include three sessions per week. Each session is three hours and addresses the gender-specific issues of women in relation to the social, physiological, and psychological consequences of substance use, factors related to the onset of addiction, and promoting wellness.

Rosecrance is a leading provider of treatment services for individuals with substance use and mental health disorders. Nearly 50,000 children, teens, adults, and families receive help each year.

### Location

Groups are held at Rosecrance McHenry County Service—Crystal Lake location at 422 Tracy Court Crystal Lake, IL 60014

### Program day and time

Tuesday, Wednesday, Thursday from 1 to 4 pm.

### Target population

Adult women abusing substances.

### Contact information

- **Current Rosecrance clients:** Please inform your primary counselor of interest in this group for a referral.
- **Potential Rosecrance clients:** Please contact the Access Department at 815.363.6132 to schedule an assessment to engage in services.

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