Helping youth and families gain the traction necessary to find long-term hope, stability, and wellness in the community.

The Rosecrance TRACTION Program is a community-based therapy program that offers hope for youth in the community who are still in search of emotional and behavioral stability despite ongoing attempts to find it in treatment. We desire to help youth and families gain that necessary “traction” in treatment through evidence-based therapy services at home and school. The TRACTION Program will engage the young person’s system of support and strengths in order to promote progress past the duration of the program, creating momentum for the youth to continue progress in less intensive outpatient services.

Treatment will primarily consist of individual therapy services, but TRACTION offers a full range of therapeutic services based on unique need:

- Individual therapy
- Family-focused therapy and intervention
- Community support and skill-building to actively practice healthy habits, coping, communication, etc.
- Parenting skill building
- Coordination of natural and professional supports to create a shared understanding and direction
- Linkage/referral to further community resources to enhance mental health (i.e. additional mental health treatment, substance abuse treatment, social services, health care)

Eligibility Requirements:

- Under 21 years of age
- Resident of McHenry County
- Has a documented psychiatric disorder
- Has a history of engagement and participation in community services
- Has a primary caretaker(s) who is willing to actively participate in treatment
- Has Illinois Medicaid or Managed Medicaid, or receiving special funding from another source

For referrals or more information, please contact Andrew Stuckey at 779-970-0702.