



“We all need a place where we can get away from the hustle and stresses of life. A place of peace and tranquility. The Rosecrance Healing Garden is such a place. These gardens are meant to be a part of the healing process offered by this incredible facility where miracles happen.”

—John Anderson, philanthropist

Location

Rosecrance Griffin Williamson Campus
1601 N. University Drive
Rockford, IL 61107

To learn more about Rosecrance and view our garden and facilities, visit rosecrance.org.

For more information about addiction treatment services, call **815.391.1000** or **888.928.5278**.

Rosecrance Healing Garden

A serene environment that nourishes recovery



Accredited by
The Joint Commission



A United Way
Partner Agency

life's waiting®

09/17 nc

 rosecrance
life's waiting®

Healing Garden

The Rosecrance Griffin Williamson Campus features a Healing Garden designed to enhance recovery. The natural materials used in the modern, welcoming treatment center complement the tranquil beauty of the garden. Together they offer a holistic healing environment that nurtures the spirits of teens and young adults in treatment for addiction and mental health disorders.



A place to heal

The Healing Garden was designed by Kurisu International under the direction of Hoichi Kurisu, a graduate of Tokyo's Waseda University and a pupil of Kenzo Ogata, one of Japan's most respected landscape designers.

Waterfalls, boulders, exotic and native trees and a pond teeming with koi invite clients and guests to become immersed in the garden. Boulders represent the garden's bone structure while water is the lifeblood running through it. As the water cascades over stone structures, it makes 12 distinct drops representing the steps of recovery. Large maple and pine trees near the waterfall soften and shade the landscape. The garden is nestled against a backdrop of stately woods, which lend strength and suggest a safe haven.

The garden emphasizes harmony and the spiritual connections between human beings and the natural world. Serenity Circles

beckon visitors to sit, relax, read, or simply reflect on the peace and tranquility that surrounds them.

Through the Experiential Therapies Department, the garden is used for guided meditations to help clients relax and become aware of their senses: sight, sound, taste, touch, and smell. When the weather cooperates, group therapy takes place in the garden. It is the setting for family visits, individual counseling, journaling, and other contemplative activities. The overall objective of horticultural therapy is to cultivate physical and emotional stability and spark spiritual awareness in a structured natural environment.

“It is a peaceful area to reflect on what I will accomplish in treatment and what I will do when I leave. The Healing Garden is a big part of my recovery.”

—Robert T.