

**ROSECRANCE BERRY CAMPUS  
CHILD AND ADOLESCENT  
BEHAVIORAL HEALTH SERVICES**

**Rosecrance focuses  
on providing the  
best opportunity  
for lasting recovery.**

**Rosecrance Berry Campus offers  
emotional health and wellbeing for  
children, adolescents, and their families.**

We provide evidence-based services in a child-friendly environment. Our board-certified psychiatrists, counselors and social workers provide assessments and offer the highest quality of care for young people.

**Services include:**

- ADHD clinic
- Early intervention clinic
- Co-occurring intensive outpatient program (IOP)
- Children and family therapy program
- Screening, assessment and support services (SASS)
- Community-based outpatient counseling
- Supportive care clinic
- Parent Café
- Community-based education and outreach
- Seasonal therapeutic wellness programs
- Mental Health Juvenile Justice Initiative (MHJJ)
- Youth Recovery Court



**ROSECRANCE BERRY CAMPUS  
8616 Northern Avenue  
Rockford, IL 61107**

**For more information or a referral,  
call 815.391.1000.**

Detailed program information  
on reverse side.



# Rosecrance Child and Adolescent Behavioral Health Services

## ADHD Clinic

This clinic gives youth and their families the opportunity to learn about ADHD while gaining skills for symptom management. These skills are taught in a structured group environment where families will have the chance to practice the skills in a group format with peers while getting support and encouragement.

## Early Intervention Clinic

This is a program designed to work with families of children from ages 3 to 9 who struggle with emotional regulation, social interactions, behavioral outbursts, and understanding emotions in others. This is done through a structured group environment that works with both children and parents in an activity-based and educational format, where children learn skills they can use to help manage themselves, and parents learn how to positively reinforce and encourage changes within their child.

## Co-occurring Intensive Outpatient Program (IOP)

The co-occurring group is for a teen who is experiencing both mental health symptoms and substance abuse problems. The group helps adolescents understand, cope with and manage substance abuse and mental health symptoms, as well as understand their influence on each other with support from other adolescents.

## Children and Family Therapy Program

This program provides a family-centered approach toward working with behavioral health disorders. Recovery oriented, strength-based programs are provided in both group and individual formats. Our Second Step Clinics offer evidenced-based programming aimed at children who are struggling with emotional and behavioral issues.

## Screening, Assessment and Support Services (SASS)

We offer 24/7 emergency screening and assessment services for immediate treatment that often includes hospitalization. Emergency assessments are done out in the community. For admission, call the CARES Line at 800.345.9049.

## Community-Based Outpatient Counseling

This program provides child and family therapy in the school setting or at home (services offered at Rosecrance Berry Campus beginning with grade six). The program is a collaboration with Rockford Public Schools and the Winnebago County Health Department.

## Supportive Care Clinic

This clinic offers brief supportive care and/or case management services to families who are on the waiting list for treatment. We provide brief intervention services for a child's or teen's behavior or mood that does not require emergency room attention. Hours are Monday, Thursday, and Friday from 9 a.m. to 11 a.m. and Tuesday and Wednesday from 1 p.m. to 3:30 p.m. Walk-ins are welcomed.

## Parent Café

The Parent Café is an opportunity for parents who may have general questions about their children's well-being to come together in a friendly and welcoming environment. A combination of education and discussion are provided to assist and empower parents to make informed choices about their children's welfare.

## Community-Based Education and Outreach

Rosecrance Berry Campus provides community-based trainings for both professionals working with children and also for families in the community. This is done through school trainings, community crisis response, and the Parent Café program. Rosecrance Berry also provides wellness groups for holiday seasons where children are out of school, but still need clinical structure and support. These groups range in topics and themes but are activity-focused and built around the concept of increasing self-esteem, skills building, and socialization skills in children with mental health needs.

## Seasonal Therapeutic Wellness Programs

Therapeutic wellness groups are focused on creating a fun and interactive environment where children with behavioral health problems can learn how to empower themselves and more effectively manage their behaviors. These programs are offered during spring and summer breaks.

## Mental Health Juvenile Justice Initiative (MHJJ) (off-site)

This program serves youth with severe mental illness who are currently in detention or who recently were in custody at an Illinois juvenile detention center. Youth may also be on home detention or electronic monitoring. Program case managers advocate for these youth within the legal system to try to prevent further incarceration. Youth are linked with community services. **Age range:** 10 - 17 years

## Youth Recovery Court (off-site)

This is a speciality court for nonviolent, mentally ill juvenile offenders that reduces recidivism, promotes recovery, and helps keep families together. Youth targeted for this program also may have a co-occurring disorder and/or a history of trauma. **Age range:** 10 - 17 years



For a comprehensive review of classes, workshops, and services, please visit our website at [rosecrance.org](https://www.rosecrance.org).