Recovery living the focus of Rosecrance Lakeview

See story on page 4.
Structured recovery can transform young lives

We can all think back on those life moments that shaped us during the journey to adulthood.

Like the time dad taught us how to drive or took us fishing for the first time. Maybe it was scouts or the coach who taught the value of practice and teamwork. Or that one great teacher who inspired us during an English lesson or science experiment.

Now think about how addiction and factors such as trauma can interrupt those educational and developmental moments that create the foundation for the rest of our lives.

Several years ago, Rosecrance recognized the widening gap between the needs of traditional adult clients and the 18- to 29-year-olds who came to us in need of help to overcome addiction. More young men and women today are struggling to achieve age-appropriate milestones, which gets them labeled as “failure to launch.” They battle anxiety and depression, and some of them abuse substances to cope, which can lead to addiction.

We adjusted programming at our Harrison Campus in Rockford accordingly; today, we operate a residential unit for young men and an opiate-specific unit that is typically filled with clients between the ages of 18 and 30. Treatment is structured, evidence-based and intensive: Young adults attend group sessions focused on life skills, setting boundaries and learning how to be independent and make their own decisions. Care is medically monitored, and clients start working the 12 steps shortly after arrival for treatment.

Our newest offering that specializes in helping emerging adults is Rosecrance Lakeview, a beautiful four-story building near Ashland and Waveland avenues in Chicago. Lakeview’s first floor houses a counseling center where clients can receive intensive outpatient addiction treatment. The second through fourth floors feature modern, furnished apartments that offer safe recovery housing. One of the housing options is our “Launch to Life” program, with life and career coaching and guidance in goal-setting.

We want Lakeview to be one of those life moments for someone in early recovery. That age range of 18 to 29 is one of the last organized chances to provide teachable moments and structured interventions for young people when they are open and willing to learn and participate. The work can have a structural, transformational impact on the rest of their lives.

Lakeview focuses on strength-based treatment for young adults. We want them to succeed—rather than flounder—with skill, with purpose, with goals, and with a sense of direction for their new life in recovery as they progress in their maturity of adulthood and responsibilities.

Rosecrance Lakeview offers the opportunity for a profound impact for these young adults that may indeed have generational significance. Yes, we have high hopes. But you don’t make gains without high hopes.

This is our purpose, as we all go forward, by the grace of God, one day at a time.
Recovery living the focus of newly opened Rosecrance Lakeview

Rosecrance Lakeview, a unique combination of counseling center and living space that specializes in helping young adults in recovery for substance abuse, is open for business and now accepting referrals.

The new site is located at 3701 N. Ashland Ave., on the corner of Waveland Avenue in the heart of Chicago’s northside Lakeview neighborhood. Rosecrance Lakeview provides treatment services that allow adults ages 18 and older struggling with substance abuse the opportunity to heal and become grounded in recovery as they progress toward a successful and drug-free future.

While this is an exciting new venture, Chicago is familiar territory for Rosecrance. It operates seven offices in the Chicago region and has decades of experience in addiction treatment and operating successful recovery homes.

“Rosecrance has a long history of providing the best opportunity for lasting recovery for people and their families. Rosecrance Lakeview is now a critical step in that process,” President/CEO Philip W. Eaton said. “We recognized an urgent need for more services during this epidemic of substance abuse that continues to claim so many lives in this region. Rosecrance Lakeview is a structured, supportive place that will promote accountability and guidance in helping people get back on their feet.”

Putting down roots

Whenever Rosecrance moves to or expands in a new location, it’s important to be a good neighbor. Lakeview is no exception.

Sidewalks in front of the new building are nicely landscaped with beds of plants and trees. A rooftop garden is landscaped to provide privacy for clients but also to be respectful of neighbors.

In April, Rosecrance clients and staff, through participation with CBS EcoMedia’s EcoAd program, worked with the Arbor Day Foundation and Chicago-based Openlands to help plant trees in the Lakeview neighborhood.

“Rosecrance works hard to be a good neighbor in every community we serve,” Eaton said. “We value green space and the beauty of natural environments, which we believe can be very beneficial to healing the spirit and helping people maintain recovery.”

For general inquiries about Rosecrance Lakeview, visit rosecrance.org/lakeview or call 773-975-4047.
The Honorable Patrick J. Kennedy, guest speaker of fundraiser for Lakeview, answers questions about the state of behavioral health

Congressman Patrick J. Kennedy will headline the 2016 Rosecrance Chicago Benefit, a luncheon event which takes place Oct. 19 at the JW Marriott in Chicago. Proceeds from the 2016 Chicago Benefit will support young adults in recovery at Rosecrance Lakeview.

Kennedy, a pioneer in the field of addiction and mental health parity, will detail his personal and political fight with substance use disorders and mental health. We reached out to the congressman in advance of the event to talk about his courageous work and the impact it’s having across the country.

Q: Why was it important to you to be so open and honest about your personal story?

A: I wanted to get better. I wanted to enjoy a life of long-term recovery. The old AA saying is spot on: “You’re only as sick as your secrets.” I certainly hoped, and it has turned out to be true, that if I told my story, it would inspire others to tell their stories. Most American families suffer in silence and feel their situation is unique, when it’s not. Nearly 25 percent of Americans are personally affected by mental illness and addiction each day.

Q: What gives you hope that behavioral health will one day be given the same attention as primary health?

A: We are making strides in integrating behavioral health into primary care. More doctors are incorporating depression screening and “a check-up from the neck up” in their annual exams, but much more work needs to be done to make it universal. I hold out a lot of hope for greater adoption of the collaborative care model, where common mental health conditions, like anxiety and alcoholism, can be treated by a primary care physician with support from a behavioral health specialist by phone or video. The fastest way to increase the chances of reaching the 26 million Americans who need, but don’t receive behavioral health care each year, is to include behavioral health care into the primary care system.

Reservations for the 2016 Rosecrance Chicago Benefit may be made online at rosecrance.org/foundation-fundraisers. For more info, please contact Margaret Wenzel, director of development in Chicago, at 312-550-8270 or mwenzel@rosecrance.org.

The Honorable Patrick J. Kennedy will speak at the 2016 Rosecrance Chicago Benefit.

The merger is expected to lead to an expansion of substance abuse treatment services and create an integrated behavioral health system of care in Champaign-Urbana. Rosecrance President/CEO Phil Eaton said he was encouraged by positive feedback from the community after the organizations announced in December that they were exploring a merger. He asked community stakeholders to be part of the process to create “a solid—and sustainable—plan for the future.”

“Today is the starting line, not the destination,” Eaton said at a June 29 press conference. “The real work to establish a comprehensive, integrated system of behavioral health care in this community begins now, and we will need your help.”

The merger has the support of state officials. Diana Knaebe, director of the Division of Mental Health for the Illinois Department of Human Services, attended the press conference. She said the state supports the move toward integrated behavioral health care as it is a more efficient use of state resources and delivers better care to clients. “Many of us who serve individuals with mental illnesses have been working toward one big goal: to design the nation’s leading behavioral health strategy. Today, Illinois is one step closer to reaching that goal,” she said.

Community Elements CEO Sheila Ferguson became executive director of Rosecrance operations in Champaign-Urbana. Ferguson said she has had many conversations this year with community stakeholders about the kinds of services they want Rosecrance to offer locally. Community Elements traditionally focused on mental health services, with a lesser emphasis on substance abuse treatment.

“No, instead of talking in terms of what ‘might’ happen, we can begin speaking in terms of what ‘can’ happen under the right circumstances,” Ferguson said. “It will no longer be an academic exercise to discuss how we might respond to persistent problems that exist in our community.”

Ferguson said she would call on other service providers and community leaders for input to craft a solid, sustainable plan for expanded services. A Community Advisory Board will be appointed to provide input to Ferguson on community needs. In addition, Dr. Barry Ackerson and Jay Ramshaw of the Community Elements Board of Directors now serve on the Rosecrance Health Network Board of Directors.
Rosecrance celebrated its 100th anniversary in August with two special events: a first-time 5K walk/run and a picnic at Midway Village Museum in Rockford.

Both events took place Aug. 7 and were organized by a dedicated group of employee and community volunteers.

Community volunteer Carol Schuster and Rosecrance’s Carlene Cardosi chaired the committee for the Rosecrance Recovery 5K Walk/Run, with the theme “Every Step Counts.” A total of 435 people registered for that event, which aimed to promote healthy living in the community. Participants received medals, T-shirts and goodie bags. The group of walkers and runners included Rosecrance clients who trained with staff members to complete the 5K.

“The Rosecrance Recovery Walk/Run race directors and I were overwhelmed with the response from the running community, friends of Rosecrance and Rosecrance staff,” said Ann Bown, who helped lead anniversary effort. “We were blessed with perfect weather for an early morning 5K, excited by the celebrity presence of Jim Stone from WXRX and Hammy the Hog from the IceHogs, and honored that so many runners and walkers and their families joined us to celebrate recovery on Rosecrance’s 100th anniversary.”

After the walk/run, the focus shifted to the historical Midway Village, the site of the Rosecrance Founder’s Day Picnic. Employees and their families, alumni, board members and special guests enjoyed a picnic meal, bluegrass music and family games.

Jeff DiBenedetto, chairman of the Rosecrance Health Network Board of Directors, chaired a 100th anniversary steering committee that oversaw all anniversary activities. DiBenedetto stood alongside Rosecrance President/CEO Phil Eaton at the picnic to receive special anniversary proclamations from local, state and federal officials.

“The 100th Anniversary Committee’s goal was to celebrate 100 years of helping children and families in a way that was memorable,” said Bown.
Services expanding in Iowa, Chicago suburbs

Rosecrance has added services in a new state and at two new locations in the Chicago area this year.

In April, Rosecrance purchased New Life Outpatient Center, a well-known substance abuse treatment provider in Iowa, with plans to expand services for adolescents, adults and families.

Rosecrance is also opening a new outpatient clinic in the Chicago suburb of La Grange. The office is located at 47 Sixth Ave., close to Interstate 294.

The La Grange clinic will offer outpatient substance abuse treatment services for adults and adolescents. Rosecrance also has offices in four suburban towns, in addition to the newly opened Rosecrance Lakesview in Chicago.

Rosecrance’s reach in McHenry County is growing, too. A new office at 620 Dakota Street in Crystal Lake provides mental health treatment for children and adolescents and houses the Screening, Assessment and Support Services (SASS) team, which leads crisis mental health programming. The office is located inside the McHenry County Mental Health Board building.

Rosecrance hired a dozen therapists and support staff for this office. The space was needed after the organization in April took over services previously provided by Pioneer Center for Human Services, which recently closed.

Rec therapy helps client improve mental, physical health

For Teresa B., taking the steps to improve her mental health resulted in a whole body transformation. She struggled with depression during a traumatic time in her life that included losing her home and the death of her mother. She reached out to Rosecrance for help and started visiting the Rosecrance Ware Center for outpatient treatment in April 2015.

A big part of behavioral health treatment is getting well mentally and physically. Rosecrance includes a robust therapeutic recreation program at its substance abuse and mental health treatment campuses that includes fitness, mindfulness, art and music.

Teresa recognized that her mental health was affecting her physical health and wanted to start making changes.

“I decided I needed to do something to get my body going,” she said. “I was hurting, sore and couldn’t do much.”

Teresa attended the Ware Center’s wellness group, which provides education about nutrition and exercise. She started making better food choices and dropped pounds quickly. The group also allowed her to exercise at the YMCA, and she walked regularly. She also attended a group meeting that helped her cope with grief. In total, she lost more than 70 pounds and completed a 5K.

“My depression was getting better, and they got me on the right medications,” she said. “This place helped me immensely. I’ve never done anything like this before. This is the most active I’ve ever been.”

Teresa was doing so well, in fact, that she completed services this summer. “The staff (at Ware) has helped me turn my life around,” she said. “I know I would not be here anymore if it wasn’t for them.”

Adolescent detox program sees busy two years

Rosecrance has helped more than 200 teens in need of detoxification services since adding the program nearly two years ago to its adolescent campus in Rockford.

Rosecrance responded to the growing trend of opiate abuse and was the first to receive such a license in Illinois. The license allows the organization to provide medically monitored detox services to adolescents ages 12 to 19 at the Griffin Williamson Campus. Rosecrance has one of the state’s largest adult detox programs at its Harrison Campus in Rockford.

Teens can stay in detox for a few weeks, said Jason Gorham, administrator for adolescent residential services. Harrison has a special detox unit for clients, whereas teens at Griffin Williamson undergo detox on their individual units in rooms closest to the observation stations.

Previously, teens needing residential services at Rosecrance might have detox at the adult facility before going to Griffin Williamson. Others completed detox in hospitals or at home, but about 40 percent did not move to residential care after offsite detox. Having onsite detox offers better continuity of care.

“This is the right way of treatment under one roof,” Gorham said. “Some of our young clients would struggle if they detoxed elsewhere because they’d get to know the staff and the counselors there, and they were used to their routines. Then, they’d have to start the process over again when they moved. Now, they can go into the same group with the same counselors on the same unit.”

Adolescent detox program sees busy two years

Rosecrance doctors laud addiction medicine specialty

Addiction medicine took the spotlight earlier this year with news that the American Board of Medical Specialties (ABMS) officially recognized the field as a subspecialty.

The American Board of Preventive Medicine sponsored the application for the subspecialty to allow physicians to be certified in addiction medicine by any of the 24 ABMS member boards. The Preventive Medicine Board is working on implementation details, including the development of the first board certification exam.

Rosecrance each year treats thousands of adolescents, teens, young adults, adults and families who struggle with substance abuse. Bringing more recognition to the field underscores the serious nature of the health issues associated with addiction.

“It’s significant because by recognizing the legitimacy of the specialty, we also continue to help with the stigma of substance abuse,” said Dr. Thomas Wright, Rosecrance’s chief medical officer. “Addiction is a disease and not an issue of will or morality.”

Dr. Raymond Garcia, medical director of the Rosecrance Harrison Campus, said he thinks the efforts will increase recruitment into the subspecialty of addiction medicine and “improve access to much-needed care.”

“Recognition of addiction medicine by the ABMS could not have been timelier, considering the current public health crisis involving substance use disorders in this country,” Garcia said.

LEADING THE FIELD
Rosecrance’s PATH program, staff receive recognition

A federal program administered in part by Rosecrance that helps people with mental illness who struggle with homelessness recently received special state and local recognition.

Projects for Assistance in Transition from Homelessness, known more commonly by its acronym PATH, provides outreach and therapeutic services to hundreds of people each year. It’s funded by federal grant dollars and focused on helping people who are currently homeless or at risk of becoming homeless who have serious mental illness or co-occurring mental illness and addiction disorders.

Illinois State Rep. John Cabello, who represents the 68th District, which includes areas of Rockford, Machesney Park, Roscoe, Loves Park and Cherry Valley, led an effort to recognize PATH and its team of six staff members: a combination of outreach workers, case managers and a coordinator.

Cabello presented the team with certificates of recognition on April 26 at the Rosecrance Ware Center, the program’s home base. Staff members who were recognized are: Kathy Grossen, coordinator of homeless services; outreach workers Michael Holsten and James Lane; case managers Charles Strominger, Christina Samuelovich and Mary Earle.

PATH staffers regularly spend time in the community trying to identify people who could benefit from services. Cabello was emotional when he spoke about the team’s work.

“A lot of folks in the community do not know what you do. Once they hear—because they will—they will have so much gratitude toward you and what you do,” he said. “Words cannot express our thanks. Words cannot express the lives that we know you have changed.”

Cabello also surprised Mary Ann Abate, Rosecrance’s senior vice president of public policy, with a certificate of recognition for her more than four decades of work in the community mental health field.

The PATH program was also featured in a May 29 on the cover of the Sunday Transform Rockford report about mental health.

The important work of the Rosecrance Florian Program has been immortalized in a sculpture meant to represent the courage and dedication of men and women in the fire service.

Colorado-based sculptor Austin Weishel created the bronze fire helmet for Florian, a residential substance abuse treatment program for firefighters and paramedics who struggle with addiction and job-related mental health issues such as post-traumatic stress disorder, depression and anxiety.

The Rosecrance Florian program is housed at the Rosecrance Harrison Campus in Rockford, and now, so is the helmet. It was placed on the eight-bed unit, which is decorated with other firefighter memorabilia from Chicago and New York and artwork created by the clients.

The helmet has the Rosecrance Florian name on the front, as well as the Maltese cross. Each side features different images and words that are familiar to fire service and recovery, including the Serenity Prayer and names of the Rosecrance Florian Advisory Committee.

Committee members, who are active and retired fire service leaders from across the country, funded the sculpture project.

“I really wanted to capture something with the program forever, to tell the story around the helmet,” Weishel said. “People should be reassured that the fire service brotherhood is still alive with Rosecrance.”

The bronze fire helmet sculpture created by Austin Weishel is displayed on the Florian Program unit at the Rosecrance Harrison Campus in Rockford.

The 2016 Rosecrance Florian Symposium to be held this September

When: Sept. 28-30
Where: Loews Chicago O’Hare Hotel, Rosemont, IL
Who: Open to anyone with an interest in furthering the conversation about behavioral health in the fire service, including new and longtime firefighters and paramedics, fire service administration, chaplains, clinicians, family members and government officials/fire department trustees and board members.

Details: The symposium brings together clinical experts and men and women of all ranks from fire departments across the country to discuss important topics such as substance use and mental health treatment, trauma, peer support and the chaplaincy. First day features pre-conference trainings in Mental Health First Aid and peer support. The next two days feature experts in the field from across the country: Frank Leto and Andrew Kane with FDNY; Bobby Halton with Fire Engineering magazine; Ryan “Bishman” Parrot and John Walters with Sons of the Flag; Saizy Gulliver with the Warriors Research Institute; and fire service leaders from Illinois, Wisconsin, New Jersey and Florida. Rosecrance staff include Dan DeGryse, Dr. Raymond Garcia and the Rev. Jim Swarthout.

Nationally recognized comedian Mark Lundholm will perform, as well.

Register: rosecranceflorian.org
The latest

**Psychiatrist honored with national award**

The National Alliance on Mental Illness (NAMI) honored Dr. Uma Srivastava, a psychiatrist at the Rosecrance Ware Center, with an Annual Exemplary Psychiatrist Award this year. Srivastava was one of 12 recipients of the award, which recognizes psychiatrists who have made substantial contributions to their local NAMI affiliate or NAMI state organizations to help improve the lives of people living with mental health conditions. Dr. Srivastava joined the NAMI Northern Illinois Board of Directors in October 2015 and uses her position as adjunct professor at the University of Illinois College of Medicine at Rockford to educate others about mental illness. She’s an advocate for sharing the latest research and approved medication for staff and clients and has dedicated her profession to serving individuals who require intense services to keep them out of hospitals and allow them community treatment.

**Rosecrance Board Member Peg Wilkerson honored with national award**

Longtime Rosecrance board member Peg Wilkerson received special recognition for her volunteer service during the National Association for Addiction Treatment Providers annual conference in Florida. Wilkerson and singer-songwriter John Hiatt were honored with Carson’s Dr. Jasper G. Chen Volunteer Leadership Award. The award recognizes people who have provided exceptional volunteer leadership in the area of addiction treatment through board membership and philanthropy. Wilkerson has been a Rosecrance board member since 1992; at that time, she helped navigate a merger between Rosecrance and another addiction-treatment center she’d been a board member for since 1984. She is the senior vice president of business banking at Alpine Bank in Rockford and uses her financial expertise by serving as the Rosecrance Health Network board treasurer and finance committee chairman. Rosecrance celebrates its 100th anniversary this year, and Wilkerson also serves as a 100th Anniversary Committee member.

**Rosecrance hosts successful heroin trainings**

Hundreds of people attended a series of workshops conducted by Rosecrance and held in Rockford, Chicago and the surrounding suburbs regarding the ongoing heroin epidemic. Rosecrance recognizes the increased presence and negative impact that opiates have in our communities and is committed to providing education and solutions. The first session took place in May in Rockford, and the others continued through the summer, quickly reaching capacity as soon as they were announced. Presenters were Rosecrance staffers Melissa Jendusa, recovery management coordinator, and Chris Gleason, director of Rosecrance McHenry County. Attendees represented a variety of fields and occupations, including counselors, social workers, nurses, teachers, probation and law enforcement officers and other professionals. Visit rosecrance.org for information on future trainings.

**Award honors Rosecrance board member**

Susan Smith, co-chair of the Rosecrance Foundation Chicago Board, this summer received the John J. McDonough Philanthropic Leadership Award. Smith is both a nurse and an attorney who served as general counsel for Hyatt Corporation. She was the driving force for the idea that became the new Rosecrance Lakeview facility to serve young adults, and her passion for helping others has inspired many friends to participate, volunteer and become friends of the organization. The award, named for Rosecrance Foundation Chicago Board Chairman John McDonough, was established in 2014 to honor and recognize outstanding philanthropic foundation board leadership.

**Anniversary exhibit showcases Rosecrance history**

Midway Village Museum in Rockford hosted a special temporary exhibit this year focused on Rosecrance’s 100th anniversary. The exhibit, which was on display from April to August, followed Rosecrance’s centennial theme of “100 Years of Changing Lives.” It included two exhibit cases and two door panels with photos, documents and archive items that helped tell the agency’s story. A theme of that story is how Rosecrance shifted its mission throughout the years to meet changing community needs. Visitors learned about the agency’s founders, Dr. James and Fanny Rosecrance, and how Rosecrance started as a children’s home in New Milford. The exhibit cases included ledgers with the names of children who lived at the home during the 1940s; a shovel used for an expansion once the home relocated to Alpine Road in Rockford; and a poster of Rosecrance’s groundbreaking Chemical Dependency Treatment Program for teens.

**Rosecrance Wellness Groups help empower young clients**

Children at the Rosecrance Berry Campus learned about social and problem-solving skills, conflict resolution and much more as part of the Therapeutic Wellness Groups throughout the summer. Wellness groups created a fun and interactive environment where children with behavioral health conditions learned how to empower themselves and more effectively manage their behaviors. The groups started June 13 and had different themes—Outdoor Adventure, Superheroes, Healthy Connections, Art Group and Mindfulness Group—each week. A STEM (science, technology, engineering and mathematics) Group involved the kids creating their own lab coats from white T-shirts and working together to make pulleys, volcanoes and balloon rockets that they raced along a zip line.

**Parent Café added to Rosecrance Milwaukee County**

A mother who has experienced the journey of addiction and recovery in her family is facilitating a new Parent Café at Rosecrance Milwaukee County in Hales Corners, Wisconsin. Parent Café is a free, confidential, parent-led support group that meets from 6:15 to 7:30 p.m. the third Thursday of every month at the Hales Corners office, 10950 W. Forest Home Ave., Suite 202. Four years ago, facilitator Michelle J. discovered that two of her sons were struggling with addiction. Since then, Michelle has spent much of her time learning about drug abuse, the criminal justice system, the mental health and health care systems, and the recovery industry. Call 414.367.2249 for more information.

**News Briefs**

1) Dr. Uma Srivastava; 2) Peg Wilkerson; 3) Rosecrance heroin trainings filled up quickly after this postcard was sent out.

**New Heroin Epidemic**

How did we get here? What can we do?

Wednesday, June 15, 2016, 11:00 a.m. - 1:00 p.m. Rockford, 510 N.-builder, Rockford, 3

Rosecrance round-table discussion, featured leaders.

3) Rosecrance Board Member Peg Wilkerson

4) Anne Boccignone, Susan Smith and Phil Eaton at Aug. 4 board meeting where Smith received her award.

5) The Rosecrance exhibit at Midway Village Museum included a welcome to visitors and two cases of items.

6) Mental health clinician Starr Chase works with STEM Wellness Group client.
Rosecrance Foundation Benefit celebrates recovery and ‘100 Years of Changing Lives’

Rosecrance kicked off its 100th anniversary celebration in style April 25 with music and stories of hope at the annual Rosecrance Foundation Benefit.

Vintage-style musicians Redux Jazz Orchestra performed to a sold-out crowd of more than 800 guests at the Rockford event. The benefit aids families in need of financial assistance for behavioral health treatment services.

The benefit also included presentation of The Castle Award, Rosecrance’s pinnacle honor, to Rockford landscape architect John Cook, a longtime supporter of the organization. Rosecrance President/CEO Phil Eaton recognized Cook for “using his green thumb for good” to help clients and their families heal physically and spiritually.

Cook is the owner of John R. Cook Associates, an award-winning landscape design firm. He offered valuable assistance in the landscaping of the Rosecrance Harrison Campus in 1995 and during the early 2000s as Rosecrance built the Griffin Williamson Campus on University Drive. Cook also has served as a Rosecrance board member for more than 20 years.

“John’s guidance over two decades has helped Rosecrance create beautiful natural spaces where clients can heal with dignity,” Eaton said. “His work has stood the test of time, and his service to Rosecrance reflects the values of his life, his faith and his love of family and community.”

The annual benefit is Rosecrance’s key fundraiser. Attendees enjoyed a retrospective video of the organization’s 100-year history set to the song “This Little Light of Mine” and success stories of Rosecrance alumni highlighted in a video titled, “A Happy Birthday.” Illinois Representatives Brian Stewart and John Cabello and Rockford Mayor Larry Morrissey presented proclamations honoring Rosecrance’s centennial.

Proceeds from the event benefit The Kinley Charity Care Fund, which has raised more than $7 million to help families since the fund was established in 1984. Last year, the Kinley Fund provided more than $568,000 to hundreds of families for treatment services. Anne Boccignone, Rosecrance’s vice president of communications and development, expressed gratitude for the generosity of benefactors in the community who support the benefit.

“We are so grateful to our donors who are the link to hope for hundreds of families each year who walk through our doors needing help,” Boccignone said.

Rosecrance kicked off its 100th anniversary celebration in style April 25 with music and stories of hope at the annual Rosecrance Foundation Benefit.

Next year’s benefit will take place April 24, 2017, headlined by Kristian Bush, one-half of the Grammy-winning duo Sugarland.
Bishop’s Appeal dedicates funds to Rosecrance Lakeview

Rosecrance thanks churches within the Northern Illinois Conference of the United Methodist Church for their incredible support of the 2016 Bishop’s Appeal for the Launch to Life campaign.

The appeal, a call to action by Bishop Sally Dyck, raised more than $60,000 for the campaign supporting Rosecrance Lakeview, a new counseling center and recovery residence in Chicago. Dyck kicked off the appeal in spring, and many church representatives presented checks at the regional conference in June. Constituents in the Rockford District raised the most money per capita, and there was a safe and auction of artwork that also benefitted the appeal.

Rosecrance President/CEO Phil Eaton addressed conference members at the June gathering, thanking them for their support and speaking about Rosecrance’s historical connection to the Methodist church and the depth of services provided today. Rosecrance was founded in 1916 by James and Fanny Rosecrance, who were closely connected to the Methodist church in the small town of New Milford, just south of Rockford.

The Rev. Jim Swarbout, Rosecrance’s clergy communications coordinator, also addressed lay leadership during the conference and spoke with youth leaders about signs and symptoms of substance abuse and how to address those issues. Rosecrance staff visited many conference churches to share stories of alumni and education about addiction and mental health.

More than 150 churches and church members in total donated money per capita, and we feel blessed to have received the honor of the Bishop’s Appeal during our 100th anniversary year to help bring this life-changing project to life,” said Anne Boccignone, Rosecrance’s vice president of communications and development.
The 1916 Society allows us to thank and honor our friends for their philanthropic commitment of future support to Rosecrance.

You may enroll in The 1916 Society by designating any of these gifts:
- Bequest in your will or trust agreement (as a percentage of your estate or a specific donation amount)
- Charitable remainder trust
- Charitable lead trust
- Designating The Rosecrance Foundation as the beneficiary of retirement assets, IRAs, life insurance etc.
- Gift of real estate or other property

If you have made a planned or estate gift to benefit The Rosecrance Foundation, please let us know. You are a valued friend and we want to thank you.

For questions or to notify us, contact Anne Boccignone at 815.387.5636, aboccignone@rosecrance.org.

‘Grateful’ Rosecrance alumni receive scholarships

Rosecrance and its community partners presented four scholarships June 21 to young alumni who are pursuing higher education across the region.

The scholarship ceremony took place at the John & Roberta Mink Pavilion, located at the Rosecrance Griffin Williamson Campus in Rockford. The location is significant because the Minks’ involvement with Rosecrance started more than 40 years ago, and one of the scholarships is given in memory of John, a longtime Rosecrance board member who passed away in 2013.

Alyison M., 21, received the John Mink Memorial Scholarship, sponsored and presented by George Bates of Bates Financial Advisors Inc., for the second year in a row. The money will support her continued enrollment at Rock Valley College.

“I’m so grateful to all of you for believing in me and helping me believe in myself, and, most importantly, for saving my life.”

Three other alumni received a scholarship that honors the memory of Donna Gillette, who worked at Rosecrance for more than 20 years. She was director of nursing for adolescent services when she retired in 2010 and worked with her husband, Cliff, to develop the scholarship before she passed away in 2014. Joe F., one of the scholarship recipients, thanked the crowd, which included his mother and sister, for supporting him.

“Closure is a strange word to use, but today sets this in stone,” Joe said of receiving the scholarship. “This is my new life. This is reality. It’s such a privilege to be part of this.”

Honorariums & Memorials
March 16, 2016 - August 31, 2016

Honorariums
Joe and Sue Castrogiovanni
Ms. Renee Duba
Christian Chenoweth
Honorable Judge James A. Shapiro
Thomas Colgan, Jr.
Mr. and Mrs. Thomas Colgan
Gordon Eppers
Mrs. Beverly B. Rosecrance
Ayden and Mason Lipsey
Ms. Cynthia Szafranski
Dan Yore
Stacie Cantrell

Memorials
Michael V. Aletich
Laura Chorover
Hematology Franchise of Celgene Corporation/Julia Stevens
Blythe Jones
Amanda Krape
K Mooney
Josephine Baloun
Mr. and Mrs. Matthew J. DellaMaria
Carol Carlson
Doug Carlson Insurance Agency
Carol Carlson
Paul J. Damiano
Mr. Kevin Budd
Anne McBride Essler
Comer Lou McBride
Kevin McBride
Margaret M. Kennedy
Ms. Virginia Thomas
Lou Koranda
Brent A. and Nancy K. Swanson
Anthony Krup
Lynne D. Vass

Terrance Lipsey
Ms. Cynthia Szafranski
Brandon Lee Markel
Cassie Conner
David McLain
Mr. and Mrs. John Saunders
John Michael Mundt
William and Pamela Mundt
Natasha (Tasha) Nelson
Rhonda Stickhost, Deb Johnston, Penny Potter and Becky Slater
Lawrence Powell
George and Darlene Bull
Russell Prince, Jr.
Ms. Melanie Kuecker
Bob Pshirrer
Stevie and Katrina Anderson
Mr. and Mrs. George Caras
Donald and Chris Dasher
Phil and Cherni Eaton

Darlene and Tom Furst
Peter Gundhar
Sally and Phil Flipt
Dr. and Mrs. James Sadlon
Arthur R. Smith
Judy Thomas
Tom Salomone
Ms. Priscilla B. Hoag
Richard J. Slabaugh
Marcia S. Warne
David Teter
Ranawta Barton
Alex and Andi Loftus
Virginia Peterson
Carol Eudey Salzer
John Thomas Winters
Jennifer Hartman

Every effort has been made to list our donors accurately. If you’ve been mispelled, inadvertently omitted or listed your name incorrectly, please call Anne Boccignone at 815.387.5636 so we can correct our error. Thank you!

George Bates talks about John Mink and the scholarship in John’s name for Alyson M. (front center) on June 21. Standing behind George is John’s wife, Roberta, his daughter, Beth Mink, granddaughter, Molly Mink, and daughter, Pam Herrmann. George’s wife, Carol Bates, is at the far front right.
Adolescent substance abuse division

Rosecrance provides evidence-based teen substance use disorder programs that incorporate clinical, medical, educational and experiential therapies into a comprehensive individualized treatment plan. All programs serve youth 12-19 years old who exhibit signs or symptoms of alcohol or other drug involvement.

2,344 teens served in substance abuse programs

Programs & facilities

GRiffin WILLIAMSON CAMPUS: The 67,000-square-foot, 84-bed inpatient adolescent treatment center offers an accredited school, chapel, gymnasium, fitness center, Healing Garden and year-round conservatory.

RECOVERY HOMES: Hillman House and Mallove House are recovery homes for teens who have successfully completed a residential treatment program.

WAUKESHA COUNTY: Rosecrance Waukesha County provides outpatient services, including prevention, early intervention and treatment for families with teens and young adults.

BY THE NUMBERS

<table>
<thead>
<tr>
<th>Clients by age</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 years or younger</td>
</tr>
<tr>
<td>14 years</td>
</tr>
<tr>
<td>15 years</td>
</tr>
<tr>
<td>16 years</td>
</tr>
<tr>
<td>17 years</td>
</tr>
<tr>
<td>18 years</td>
</tr>
<tr>
<td>19 years or older</td>
</tr>
</tbody>
</table>

Clients by gender

| Male | 66% |
| Female | 34% |

Clients by county

| Cook/collar counties | 64% |
| N. Illinois counties | 22% |
| S. Wisconsin counties | 8% |
| Other | 6% |

Clients by program

| Residential | 46% |
| Outpatient | 49% |
| Recovery homes | 5% |

Average length of stay

| Residential | 34 days |
| Outpatient | 71 days |
| Recovery homes | 156 days |

MCHenry COUNTY: Rosecrance McHenry County provides evidence-based outpatient substance abuse treatment for teens and adults at two locations in McHenry County.

RECOVERY HOMES: Greendale House is a 10-unit apartment complex that serves recovering single adults and women with children who have completed a residential program.

WAUKESHA COUNTY: Rosecrance Waukesha County provides outpatient services, including prevention, early intervention and treatment for families with teens and young adults.

BY THE NUMBERS

<table>
<thead>
<tr>
<th>Clients by age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Younger than 18</td>
</tr>
<tr>
<td>18-34 years</td>
</tr>
<tr>
<td>35-44 years</td>
</tr>
<tr>
<td>45-54 years</td>
</tr>
<tr>
<td>55 years or older</td>
</tr>
</tbody>
</table>

Clients by gender

| Male | 63% |
| Female | 37% |

Clients by county

| Cook/collar counties | 36% |
| N. Illinois counties | 57% |
| S. Wisconsin counties | 4% |
| Other | 3% |

Clients by program

| Residential/Health Center | 39% |
| Outpatient | 57% |
| Recovery homes | 4% |

Adolescent substance abuse division

Rosecrance adult substance abuse treatment programs include evidence-based group, individual and family counseling. Group activities include educational/ didactic lectures, team building/recreational activities, spirituality, education, experiential therapies and 12-step education.

7,684 adults served in substance abuse programs

Programs & facilities

HARRISON CAMPUS: This 97-bed adult detoxification, residential and outpatient treatment center is located on 10 acres of park-like grounds. It houses a health center, serenity walking path, fitness center and chapel.

RECOVERY HOMES: Greendale House is a 10-unit apartment complex that serves recovering single adults and women with children who have completed a residential program.

ROSECRA ncE BELVIDERE CLINIC: Rosecrance Belvidere Clinic is a full-service outpatient substance abuse and mental health clinic serving adults in Boone County.

BY THE NUMBERS

<table>
<thead>
<tr>
<th>Clients by age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Younger than 18</td>
</tr>
<tr>
<td>18-34 years</td>
</tr>
<tr>
<td>35-44 years</td>
</tr>
<tr>
<td>45-54 years</td>
</tr>
<tr>
<td>55 years or older</td>
</tr>
</tbody>
</table>

Clients by gender

| Male | 63% |
| Female | 37% |

Clients by county

| Cook/collar counties | 36% |
| N. Illinois counties | 57% |
| S. Wisconsin counties | 4% |
| Other | 3% |

Clients by program

| Residential/Health Center | 39% |
| Outpatient | 57% |
| Recovery homes | 4% |

Average length of stay

| Residential | 30 days |
| Outpatient | 93 days |
| Recovery homes | 114 days |
| Health Center/Detox | 3 days |

Rosecrance Griffin Williamson Campus

Rosecrance Harrison Campus

These charts are data to count the number of teens receiving substance abuse services at Rosecrance. Clients may be admitted in more than one program during the same visit or be served at a site intended for a younger or older demographic. Age is not recorded in all instances.
Children and youth mental health division

Rosecrance provides the most advanced and comprehensive diagnosis and treatment for childhood emotional disorders, using evidence-based models for care delivered in a child-friendly environment. Our board-certified counselors, psychologists and social workers provide the highest-quality care for young people.

BY THE NUMBERS

**Clients by age**
- 3-5 years: 6%
- 6-10 years: 26%
- 11-13 years: 22%
- 14-17 years: 46%

**Clients by gender**
- Male: 53%
- Female: 47%

**Clients by county**
- Winnebago: 72%
- Boone: 12%
- McHenry: 12%
- Other: 4%

**Most frequent mental health diagnoses**
- ADHD: 21%
- Anxiety disorder: 4%
- Depression: 22%
- Bipolar: 9%
- Adjustment: 8%
- PTSD: 3%
- Mood: 6%
- Others: 19%

These charts use data to count the number of adolescents receiving mental health services at Rosecrance. Clients may be admitted to more than one program during the same visit and occasionally are served at a site intended for a younger or older demographic. Age data is not recorded in all instances.

6,739 children and teens served in mental health programs

Programs & facilities

**BERRY CAMPUS**
This 22,000-square-foot facility offers a comfortable, family-friendly environment conducive to therapy, with a focus on outpatient programming for children and teens with mental health needs.

**COMMUNITY SUPPORT PROGRAM (CSP)**
This therapeutic mentoring program teaches children life skills, including social skills, self-esteem, boundaries and coping. The program is five hours per week and lasts up to six months.

**SCREENING, ASSESSMENT AND SUPPORT SERVICES (SASS)**
The Berry Campus provides 24/7 emergency screening and assessment services for immediate treatment that often includes referral for hospitalization.

**SCHOOL-LINKED SERVICES**
This program provides therapy in a school setting or at home in conjunction with Rockford Public Schools and the Winnebago County Health Department.

**MCHENRY COUNTY:** Rosecrance McHenry County provides evidence-based outpatient mental health treatment for teens and adults at two locations in McHenry County.

Adult mental health division

Rosecrance is dedicated to providing caring, personalized, evidence-based solutions for individuals and families living with emotional disorders and mental illness. Rosecrance provides quality mental health assessments, outpatient treatment and rehabilitation in a friendly environment, as well as housing for adults.

BY THE NUMBERS

**Clients by age**
- 18-24 years: 13%
- 25-34 years: 23%
- 35-44 years: 24%
- 45-54 years: 24%
- Older than 55: 16%

**Clients by gender**
- Male: 49%
- Female: 51%

**Clients by county**
- Winnebago: 78%
- Boone: 11%
- McHenry: 9%
- Other: 2%

**Most frequent mental health diagnoses**
- ADHD: 1%
- Anxiety disorder: 3%
- Bipolar: 34%
- Depression: 28%
- PTSD: 6%
- Schizophrenia: 15%
- Mood: 1%
- Others: 12%

These charts use data to count the number of adults receiving mental health services at Rosecrance. Clients may be admitted to more than one program during the same visit and occasionally are served at a site intended for a younger or older demographic. Age data is not recorded in all instances.

9,698 adults served in mental health programs

Programs & facilities

**ROSECRANCE WARE CENTER**
The Ware Center offers full-service outpatient services for adult mental health clients and adolescent and adult substance abuse clients. Services include access and emergency services, residential housing, community recovery, integration and support (crisis) services, court services and specialized substance abuse outpatient programs.

**ROSECRANCE BELVIDERE CLINIC**
Rosecrance Belvidere Clinic is a full-service outpatient mental health and substance abuse clinic serving adults in Boone County.

**MCHENRY COUNTY:** Rosecrance McHenry County provides outpatient mental health treatment for adults, including veterans with co-occurring mental health and substance abuse issues.

Rosecrance Berry Campus

Rosecrance Ware Center

Rosecrance Belvidere Clinic

Rosecrance McHenry County
Rosecrance at a glance
Fiscal Year 2016 numbers

817 Total staff

Over 40 locations in Illinois, Iowa and Wisconsin

26,465 Clients served in FY 2016

Rosecrance Foundation Benefit
(Continued from page 16)

4) More than 800 guests attended the benefit dining on a jazz-themed menu, with some wearing vintage attire.

Many Rosecrance benefactors, supporters and friends attended the Benefactor Reception immediately before the benefit:

5) Jeff DiBenedetto, RHN Board Chair; Bill LaFever, Rosecrance Foundation Board Member; Tom Budd of Rockford Bank & Trust and Melissa Budd

6) Dana Riley of Coyle & Riley Insurance, Brenda Riley, Lynn Coyle, Clif Morris of Exxon Mobil Fuels Marketing and guests

7) Chief Dan O’Shea and Cathy O’Shea

8) John McDonough, Co-Chair; Susan T. Smith, Co-Chair; Greg Orput, Dr. June Parks, Mark Seiler, Niraj N. Shah, The Honorable James A. Shapiro, Shawn Valkkas

Boards of Directors and leadership team

ROSECRANCE HEALTH NETWORK BOARD OF DIRECTORS
Jeff DiBenedetto, Chair
Dr. Barry Ackerson
Steve Balogh
Paula Carynski
John Cook, III
David Cyrs
Gregory Franchini
Thomas Furst
Rev. Lisa Kruse-Safford
Curt Lansbery
Lisa Lindman
Rev. Loren L. Nielsen
Jerry Paris
Dan Pecora
Jay Ramshaw
Jody Schumacher
Joe Vanderwerrft, Sr.
Margaret Wilkerson
Paul Logli, Honorary
Robert Wimmer, Honorary

ROSECRANCE FOUNDATION ROCKFORD BOARD OF DIRECTORS
Lisa Lindman, Chair
Dave Beto
Rick Bischoff
David Casalena
Jean Clark
Mike Coyle
Jeff DiBenedetto
Jennifer Furst
Thomas Furst
John Griffin
Tim Knauf
David Koch
Bill LaFever
Jerry Paris
Brian Thiede
Laura Rosecrance, Honorary
Robert Rhea, Jr., Honorary

ROSECRANCE FOUNDATION CHICAGO BOARD OF DIRECTORS
John McDonough, Co-Chair
Susan T. Smith, Co-Chair
Dave Beto
Lisa Lindman
Ed McDonough
Gloria McFadden
Greg Orput
Dr. June Parks
Mark Seiler
Niraj N. Shah
The Honorable James A. Shapiro
Shawn Valkkas

Mission
Rosecrance provides help, hope and recovery to children, youth, adults and families.

Vision
Individuals will achieve full potential, families will be restored and communities will be strengthened through lasting recovery.

Leadership team
Philip W. Eaton, President/CEO
Mary Ann Abate, Vice President of Public Policy
Anne Boccignone, Vice President of Communications and Development
Ann Bown, Executive Assistant to the President
Kelly Epperson, Vice President and General Counsel
Sheila Ferguson, Executive Director, Champaign/Urbana
David Gomel, Ph.D., Senior Vice President and Chief Operating Officer
Judith Jobe, Senior Vice President and Chief Administrative Officer
John Schuster, Vice President and Chief Financial Officer
Janis Waddell, Vice President of Marketing
Thomas Wright, M.D., Senior Vice President for Medical Affairs and Chief Medical Officer
Reach is published by Rosecrance Health Network to inform friends about events, programs and services. Rosecrance is a leading provider of treatment services for individuals with substance use and mental health disorders. More than 32,000 children, teens, adults and families receive help each year.

Rosecrance is licensed and partially funded by the Illinois Department of Human Services. Accredited by The Joint Commission, Rosecrance is a certified Medicaid provider and is approved by most insurance companies.

Reach is published by Rosecrance Health Network to inform friends about events, programs and services. Rosecrance is a leading provider of treatment services for individuals with substance use and mental health disorders. More than 32,000 children, teens, adults and families receive help each year.

Rosecrance is licensed and partially funded by the Illinois Department of Human Services. Accredited by The Joint Commission, Rosecrance is a certified Medicaid provider and is approved by most insurance companies.

For more information about Rosecrance services, call 888.928.5278 or visit rosecrance.org.

Upcoming events

To register or learn more about these and other events, visit: rosecrance.org/events

**Rosecrance Florian Symposium**

This is a three-day conference with speakers presenting on various behavioral health topics concerning the fire service.

**Wednesday, September 28 - Friday, September 30**

Loews Chicago O’Hare Hotel
5300 N. River Road
Rosemont, IL 60018

**Cost:** Visit rosecranceflorian.org for cost and details.

**Launch to Life**

A Rosecrance benefit supporting young people in recovery featuring

**The Honorable Patrick J. Kennedy**

Proceeds will support Rosecrance’s substance abuse programs in Chicagoland.

**Wednesday, October 19, 2016**

11:30 a.m. - 1:30 p.m.

JW Marriott Hotel Chicago
151 W. Adams Street, Chicago

**Cost:** $250 per person, $2,500 per table of 10. Visit rosecrance.org/foundation-fundraisers to register.

If you no longer wish to receive this newsletter, call 815.387.5608 or email giving@rosecrance.org.