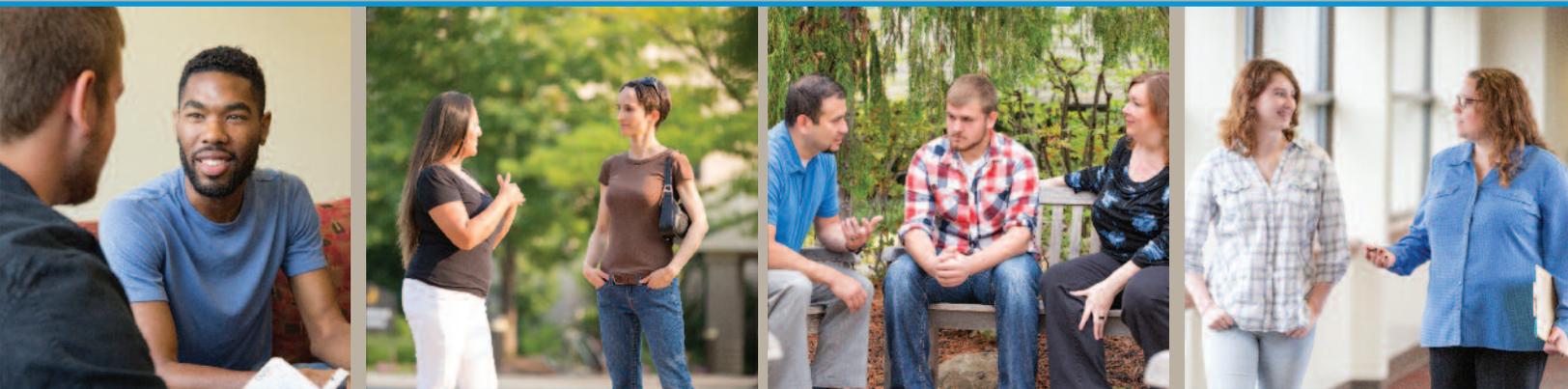




# Rosecrance Substance Abuse Patient Outcomes Study

2012 - 2015



Research conducted by  
Advocates for Human Potential, Inc.



Letter from our Chief Medical Officer

Rosecrance strives to offer the best opportunity for lasting recovery through evidence-based programs delivered by a highly trained and motivated staff. We observe the miracle of recovery every day as clients grasp the skills to reclaim their lives from addiction. Meanwhile, Rosecrance is dedicated to finding ways to objectively measure success so that we may improve processes and outcomes.

While dictionaries define “outcome” as the result of an activity or process, we look at outcomes from various directions at Rosecrance.

“Process” outcomes measure how well a patient goes through the course of treatment, for instance, number of days in care and successful completion rate. These standards are useful internally as we strive for improvement, but variables in treatment programs make comparisons difficult.

“Clinical” outcomes such as relapse rates track how successful the patient has been at reducing symptoms of the disease as a result of treatment at Rosecrance. These standardized measurements can be compared with others more easily, and they also are useful for driving program improvements.

In our opinion, outcome measurements also should encompass functioning in other life areas, including family and social relationships, mental health, occupational success, progress toward educational goals and involvement in criminal justice system.

This outcomes report represents an early step in an ongoing process of critical self-assessment that guides Rosecrance on the path of improvement.



Sincerely,  
Thomas E. Wright, MD

## SUMMARY OF THE PROCESSES

The results shown on the following pages demonstrate the effectiveness of Rosecrance’s treatment programs. A large percentage of adolescents and adults successfully completed treatment and reported continuous abstinence after treatment. Clients, families and referral sources also reported a high level of satisfaction with programs and services.

### THE STUDY

Rosecrance, a leading national provider of behavioral health services, contracted with Advocates for Human Potential Inc. (AHP) to study client outcomes regarding substance abuse treatment and clients’ success in recovery post-treatment. AHP, based in Sudbury, Massachusetts, is a consulting and research firm that specializes in health and behavioral health work for federal, state and municipal governments and agencies, international groups and other private-sector and nonprofit organizations.

AHP analyzed existing data from Rosecrance’s Recovery Lifeline, a voluntary outreach service intended to be a lifeline for clients who complete residential treatment to help them stay on track with their recovery post-treatment. AHP looked at patient recovery and whole-person outcomes for adolescent clients who received treatment at the Rosecrance Griffin Williamson Campus (RGW) and adults treated at the Rosecrance Harrison Campus (RHC). Client data is self-reported.

AHP also used the following existing Rosecrance data sources in their analysis: leadership scorecard (internal key performance indicators) for fiscal year 2015 (through April 2015); fiscal year 2015 semi-annual report (which included data from previous years); family, client and referral agency satisfaction data; human resources data on staff credentials and tenure; and program descriptions and treatment schedules. Benchmark data from the Illinois Department of Alcoholism and Substance Abuse (IL DASA) and the National Institute on Drug Abuse (NIDA) also was used.

### THE SAMPLE

AHP analyzed data for clients enrolled in Recovery Lifeline from March 2012 to June 2015. The sample used in the outcome analysis included 652 clients (344 adolescents and 308 adults) who provided data at specific post-treatment check-in points. Adolescents ranged in age from 13 to 22 years, with an average age of 17.6 years. Adults ranged in age from 18 to 76 years, with an average of 34.8 years. [Overlapping ages of clients does not reflect duplicate numbers; a client’s individual situation (i.e. maturity level, home life, etc.) factors into their placement.] For both adolescents and adults, 63% were male and 37% were female.

## SUMMARY OF THE DATA

### FROM THE LEADERSHIP SCORECARD 2015 DATA

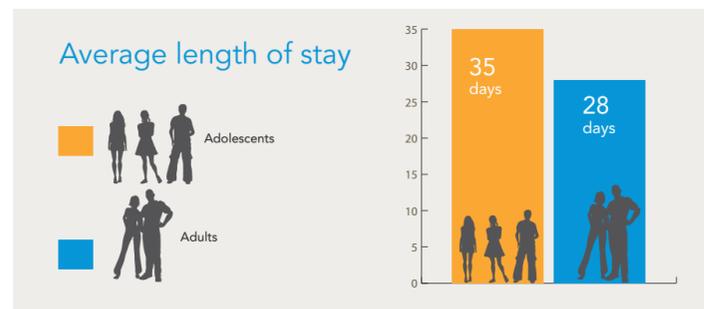
#### Treatment completion rates\*



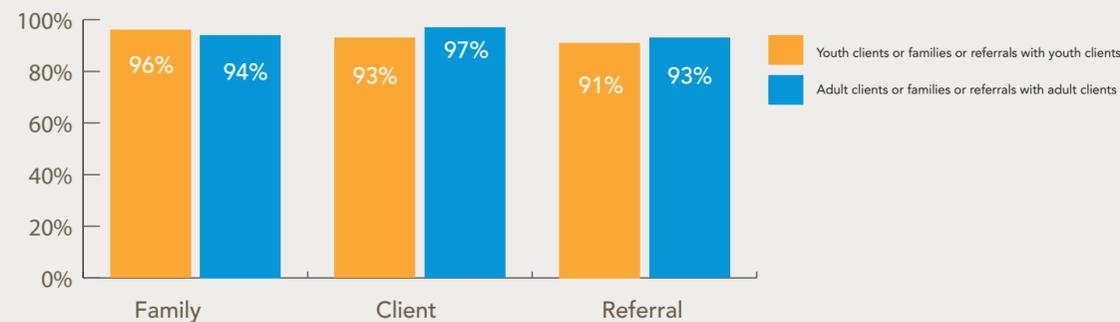
Adolescents  
1,427 admitted to RGW

Adults  
2,188 admitted to RHC

\*Benchmark: IL DASA FY13 and FY14 treatment completion metric: 53%



#### Satisfaction rates/trends

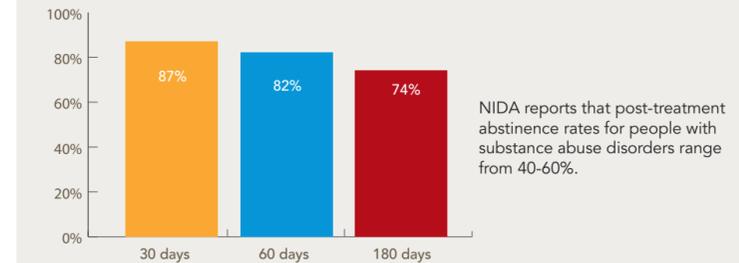


## FROM THE AHP STUDY (RECOVERY LIFELINE DATA\*)

#### Sample for analysis

344 adolescents  
308 adults  
652 total

#### Abstinence at each assessment time point



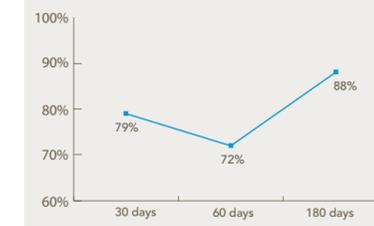
### QUALITY OF LIFE INFORMATION

Success in recovery usually includes quality-of-life factors such as employment, school attendance, satisfying leisure time activities and healthy relationships. Clients responded to questions on some key life areas:

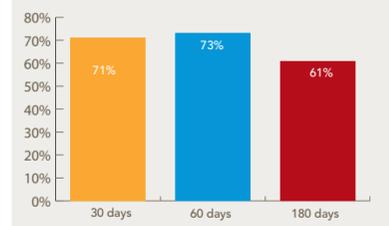
#### Clients employed



#### Clients in school



#### Clients Quality of Life



\* Results represent the number of clients who responded at each interval. The sample size decreased over time and may not represent the same clients.

### CLIENTS’ TESTIMONIES

“Thank you for giving me my life back and an inner peace and happiness that are indescribable.”

-Joan, a former Harrison Campus and Greendale client

“Rosecrance gave me my daughter back. Without Rosecrance, she would be back on the streets and using drugs or probably dead.”

—Karen, mother of a former teenage client



# ROSECRANCE PROGRAMS INVOLVED IN THE OUTCOMES STUDY

Rosecrance has 100 years of experience providing quality, timely behavioral health care services. Rosecrance offers help, hope and recovery for more than 22,000 people in 40 locations.

This outcomes study covers adolescent and adult clients who were in our substance abuse residential treatment centers and recovery homes.

## Residential Treatment Centers



**Griffin Williamson Campus**

Adolescent Campus



**Harrison Campus**

Adult Campus/Health Center (Detox. Services)

## Recovery Homes



**Hillman House**

Recovery Home for Male Adolescents



**Marlowe House**

Recovery Home for Female Adolescents



**Greendale Recovery Home**

Recovery Home for Adults and Women with Children



**Woodstock Recovery Home**

Recovery Home for Adults

Based in Rockford, IL, Rosecrance is one of the nation's leading providers of treatment for substance abuse. We are committed to providing the highest level of care to adolescents, adults and families, using evidence-based programming and best practices in the industry. Rosecrance conducts continual performance and procedure reviews that encompass every facet of the organization. This ongoing process helps us identify training and programming needs to enhance our goal of lifelong recovery.

Rosecrance is licensed and accredited. We offer comprehensive addiction treatment services, including outpatient, detoxification, residential and recovery homes, at locations in Rockford and Chicago, as well as elsewhere in northern Illinois and southern Wisconsin.

#### ACCREDITATION

- The Joint Commission Gold Seal of Approval

#### MEMBERSHIP

- Illinois Alcoholism and Drug Dependence Association
- National Association of Addiction Treatment Providers
- National Council

#### AFFILIATIONS

- University of Illinois College of Medicine in Rockford
- Northern Illinois Conference of United Methodist Church
- Northern Illinois University College of Health and Human Sciences
- Rockford Health Council
- United Way
- Area Chambers of Commerce

To learn more about Rosecrance and view our facilities, visit [rosecrance.org](http://rosecrance.org)

For more information, call **815.391.1000** or **888.928.5278**

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