

fall/winter 2014
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reach



Home is where your story begins

Recovery homes give clients hope

See story on page 4.



rosecrance

life's waiting®

Recovery homes remove barriers to treatment



Philip Eaton

Philip W. Eaton
President/CEO

The cover story for this issue of Reach focuses on a subject near to my heart – our recovery homes.

I believe they are an essential service if we are to be true to the Rosecrance vision of offering the best opportunity for lasting recovery. Our homes provide structure, accountability and close alignment with the 12 Steps – all elements that will help residents live whole, responsible, fulfilling lives once they leave the daily support and guidance of these settings.

But there is a backstory to our organization's foray into sober living/recovery homes, which began in 1996 with Project HomeBase. This groundbreaking program offered the opportunity for single women with children to bring their kids with them to the recovery home, keeping the family together. Before that time, many young mothers were unable to access the care they needed without being separated from their children, and many women were unable or unwilling to do that. Often, the mom was about to lose custody of her children because of her substance abuse. Young mothers who demonstrated a desire and commitment to change needed a place to go where they could still take care of their children, even under close supervision of child welfare authorities.

Rosecrance is all about removing barriers to care, and we confronted this challenge head-on.

As the Rosecrance Board of Directors considered whether to start HomeBase in 1996, one word loomed particularly large: Risk. We would be taking on the shelter and care of babies, toddlers and preschoolers. I can tell you that the potential scenarios of what could go wrong are more than enough to cause sleepless nights.

Many organizations draw the line at risk tolerance in their mission. We don't. We can't. Offering help, hope and recovery is our mission, and we needed to figure out the best and safest way to do that for this very special population. It was worth the risk.

Later, we opened recovery homes for teen girls and boys and adult men and women without children. All of these populations carried some potential risk, yet Rosecrance was committed to developing programs to help them change their lives from the inside out. Through the years, the success stories have been amazing, as one person after another moves on to a productive life in recovery.

Our board has decided to push the envelope yet again by authorizing establishment of a new collegiate/career recovery residence to serve Chicago-area young adults in early recovery. Structure and accountability. That project is in the planning stage right now. We saw a need, and we're trying to meet it.

This is our purpose, as we all go forward, by the grace of God, one day at a time.

reach

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FEATURE STORY

p.4 **Home is where your story begins**

Rosecrance recovery homes give clients an opportunity to start anew

LEADING THE FIELD

p.8 **Rosecrance adds detox services for teens**

p.9 **New buildings create improved path to recovery**

p.9 **Rosecrance alumnus and doctor get press**

p.10 **New Florian Program aims to help firefighters**

p.11 **Rosecrance Waukesha expands programming**

ON THE MOVE

p.12 **Rosecrance Latest News**

GIVING

p.14 **Annual benefit raises record funds**

p.17 **Cooking up Hope supports collegiate recovery**

FY2014 IN REVIEW

p.18 **Fiscal Year 2014: By the numbers**

OUR DONORS

p.22 **Memorials and Honorariums**

LEADERSHIP

p.23 **Board of Directors and leadership team**

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On the cover: Living room and dining areas at the Rosecrance Marlowe House.



Recovery home technician Denise Johnson cuts apples and chats with residents at Marlowe House in Rockford.

Home is where your story begins

Rosecrance recovery homes give clients an opportunity to start anew.

On a quiet October afternoon, Rosecrance Marlowe House taught life skills to teenagers in subtle ways.

Girls chatted with staff about school in the kitchen while snacking on fruit. Laughter emitted from two girls in the living room listening to stand-up comedy on a digital music player.

One girl wrote in a journal and another shared the dining room table using her paint-covered fingertips to finish artwork.

These seemingly normal, everyday activities teach the 14 girls who live at Marlowe

how to spend their time productively instead of using and abusing drugs and alcohol. They share the common bond of substance abuse and spent time as inpatients being treated for addiction.

The Rockford home is crucial to their recovery journeys because time spent there helps them learn how to be independent before transitioning back into the “real world.”

Rosecrance’s foray into recovery home programming dates back nearly two decades. Today the organization runs two recovery homes for adolescent male

and female clients and a co-ed home for adults and single parents with children in Rockford.

To support Rosecrance services in McHenry County, recovery homes for men and women opened in October in Woodstock, and plans are in the works to open a collegiate recovery home in Chicago.

Rosecrance President/CEO Philip Eaton said safe, dignified housing helps strengthen an individual’s opportunity for lasting recovery.

“The principle of the successful operation of a recovery home is clearly structure and accountability, linked very tightly with a commitment to the 12 steps,” Eaton said. “Absent those three, recovery homes are just housing.”

“Stability is essential, whether it is a teen trying to learn what it is to be an adult or a young adult preparing for a career or higher education, or if it’s a mom with a little baby with DCFS (Department of Children and Family Services) looking over her shoulder. It’s a tough time for people in that transition. The Rosecrance recovery homes provide that opportunity to move on.”

Recovery comes home

Rosecrance’s recovery home program started in 1996, when the organization received a federal grant through the city of Rockford to offer Project HomeBase. The program provided transitional housing and treatment services for 10 homeless mothers and their children.

HomeBase is now known as Greendale Recovery House, a 10-unit apartment complex for adults and single parents with children. Greendale is near the Rosecrance Harrison Campus, which offers easy access to services through the adult treatment program.

Greendale removes a barrier to safe and supportive housing, an obstacle that can often trigger relapse for adult clients, said Denita Lynde, Rosecrance’s director of housing. It differs from a traditional halfway house in that it provides 24-hour support through outpatient counseling, relapse prevention, 12-step meetings, supervision and by helping residents learn

(continued)

Recovery home integral to teen’s journey

A bit of Shivani Kumar will always live at the Rosecrance Marlowe House. Kumar, now 19, stayed 11 months in the substance abuse recovery home for teen girls back in 2012.

When she left, she bought gifts for some of the staff and her housemates. Two black wooden signs still sit near the entrance, one displaying a particularly appropriate message: “Home is where your story begins.”

Kumar’s story with Rosecrance officially began when she entered substance abuse treatment Dec. 26, 2011, at the Griffin Williamson Campus. She was 16 at the time.

“I knew I had a problem, but I couldn’t imagine my life without alcohol,” she said. “At the same time, I couldn’t imagine going on with my life doing what I was doing. I just kind of knew I had to give myself a fair shot, but at the same time, I was doing it for all the wrong reasons.”

Kumar said she wanted to prove to her parents that she could do something right. Her relationship with her father had become especially strained because of her drug and alcohol abuse.

While she was in treatment, two girls who lived at the recovery home—which was called Monarch House when it opened several years earlier at a different location—spoke at Griffin Williamson.

“I went up to the staff after that and asked, ‘What do you think of Monarch House?’” she said. “I told them I was kind of interested in learning more about the house and one of them said, ‘Well that’s good, because you were already going.’”

Kumar moved into the house in January 2012 after a few weeks of inpatient treatment at nearby Griffin Williamson. A few days later, she enrolled at Rockford Lutheran High School.

She struggled at first. But by the end of the school year, she had formed great relationships with several students, teachers and administrators.

That summer, she worked through the 12 steps of recovery and the house’s level system,

(continued)



Shivani Kumar was a resident of Rosecrance Marlowe House and is now a college student at Loyola.



A Rosecrance Marlowe House resident reads in the second-floor sitting room of the home.

life skills such as interviewing, budgeting and time management.

Monarch House, a licensed recovery home for 10 female adolescent clients, opened in 1997. The work was ground-breaking back then and still is today, as Rosecrance is the only organization in the state to operate a recovery home for teen girls.

Sullivan House, a recovery home for 14 girls, opened in 2001, and the residents of Sullivan moved into the renovated Hillman House in 2002. The two homes operated simultaneously until the newly built Marlowe House opened in 2008.

In 2009, Hillman's interior was renovated and converted for use by adolescent boys instead of girls.

The average age of a Hillman or Marlowe resident is 17. While many hail from Chicago and Northern Illinois, teens

come to the recovery homes from across the country. About 80 percent of clients move to the homes after completing inpatient treatment at the nearby Griffin Williamson Campus. Rosecrance also accepts teens into the program from other inpatient programs.

Lynde said Rosecrance specializes in the treatment of adolescents, which many other facilities avoid.

"Kids are hard. They're emotional, they're impulsive, behavioral. Some people don't always know how to deal with kids. I find it really rewarding to watch them change and make great strides within their lives," Lynde said.

Expansion in McHenry County

Men and women ages 18 and older have new transitional housing options in Woodstock, a recovery home program overseen by Rosecrance's office in

McHenry County.

Rosecrance renovated two duplexes for 16 recovery housing beds total. The homes opened in October.

Chris Gleason, Rosecrance's director of McHenry County services, said clients likely will live in the homes about six to nine months. Programming will mirror services provided at Greendale in Rockford.

"It's really an opportunity for them to apply the recovery skills they learned in treatment and give them a supportive, sober environment in which to practice that," Gleason said.

Rosecrance opened its office in McHenry two years ago and started offering services in January in Crystal Lake. The recovery homes are a natural complement to the outpatient substance abuse and mental health services available in McHenry County. Rosecrance hired five new employees to staff the homes.

College and recovery combine

Rosecrance will strengthen its ties to the Chicago community by opening a new coed collegiate recovery residence in the city. Fundraising is underway for the project, and staff is working to secure a location for the home.

The mission is to help young adults in recovery by providing sober living and creating a like-minded community, said Chris Yadron, Rosecrance's director of Chicago recovery services.

The collegiate recovery home will be a sober living residence for people ages 18

to 26 who are either attending college or who intend to enroll in college. Residents may attend any academic institution.

This program will fill a need among college-age young adults faced with the challenges of maintaining recovery in the typical college environment plagued by binge-drinking and exceedingly high levels of drug use compared to other age groups. Residents must have completed a treatment program, be in recovery and be practicing a 12-step program.



The living room of one of Rosecrance's new McHenry County recovery homes is seen here in October.

"Substance abuse has an extremely significant impact in terms of impeding development," Yadron said. "It's important to establish positive, healthy relationships in young adulthood. When many of their peers are abusing drugs and alcohol, young adults in recovery can feel a strong sense of alienation being different from their peers and can struggle to form relationships.

"Recovery housing can remove that stigma and create a community built around sobriety principles."

Rosecrance's vision is to offer a collegiate recovery residence and integrated behavioral health clinic in Chicago. The clinic will offer psychiatric care, individual and family counseling, and intensive outpatient treatment for substance abuse or dual-diagnosis disorders. 

*Written by Melissa Westphal
Photography by Ethan Loomis*

Integral to teen's journey

(continued from page 5)

a reward program that grants certain privileges for good behavior and following the rules. When she returned to school for her senior year at Lutheran, she recalled returning as a completely different person.

Kumar had attended Rock Valley College through the summer so she could graduate early in December. She graduated high school a few days shy of celebrating a year of sobriety.

Kumar is now attending Loyola University in Chicago studying graphic design and photography. But Rockford keeps pulling her back.

She still visits Marlowe, family programs and alumni events to tell her story, in hopes of motivating other people who are struggling with substance abuse. And she took a big step toward healing the relationship with her father during a whirlwind family trip this past summer to India, England and Italy.

She's confident and positive about her recovery as she nears her third year of sobriety.

"I'm living a happy, productive, successful life, but the only point I want to make is that I'm not special," Kumar said. "The good, the bad, the ugly and the beautiful came from my journey.

"Monarch/Marlowe is where my story begins. Rockford's it. My story as I hold myself today started in that house. That's what's important to me."



Rosecrance Marlowe House

Rosecrance adds detox services for teens at adolescent campus

Responding to the growing trend of opiate abuse, Rosecrance has added detoxification services at the Griffin Williamson Campus to serve teenagers who enter treatment. Rosecrance is the first organization to receive such a license in Illinois.

The license allows Rosecrance to provide medically monitored detoxification services to adolescents aged 12 to 19 at the campus, 1601 N. University Drive, in Rockford. Rosecrance has one of the state's largest adult detoxification programs at its Harrison Campus, 3815 Harrison Ave., in Rockford.

Teens needing residential services at Rosecrance previously might have detoxed at the adult facility before going to the Griffin Williamson Campus. Others detoxed in hospitals or at home, but about 40 percent did not move on to residential care after offsite detox. The Rosecrance clinical team determined that onsite detox offered better continuity of care and the best opportunity for lasting recovery.

Opiate detox is not necessarily life-threatening but typically very uncomfortable, which is one reason why clients might leave treatment early. Rosecrance President/CEO Philip Eaton stressed the importance of having adolescent detox and residential services under one roof.

“Detox should not just be a medical procedure. It’s an intervention,” Eaton said. “Absent the intervention, all the detox does is medically stabilize—it does

not motivate to treatment. Detox in and of itself has value, but the greater value is engaging the client in treatment to begin recovery, not just detox.”

Eaton stressed that opiate withdrawal must be managed by medical staff around the clock, and the adolescent campus offers that level of care. Each case is staffed individually with the admitting physician. All major insurances are accepted.

“With well-trained physicians, nurses and technicians who know how to manage opiate withdrawal in a safe, comfortable environment, it multiplies the odds of someone then being engaged into a treatment program immediately following detox,” Eaton said.

Jason Gorham, administrator of residential services at the Rosecrance Griffin Williamson Campus, said the facility sees about 170 adolescents each year who require detox services, which is about 15 percent of the annual client total. Having that level of care at the adolescent campus allows young clients to interact from day one with the same clinical staff and peer group

they will have in treatment.

“We individualize treatment, we remove obstacles and we focus on solutions,” Gorham said. “Our goal is that they participate in groups, and they go with their groups wherever the groups go. If they’re too sick to do that while they are detoxing, we understand. Meanwhile, the culture of our groups and the kids who are in the groups can be very supportive.”

David Gomel, Rosecrance’s senior vice president and chief operating officer, said the organization created the program in response to a clear need in the state. The heroin epidemic has increased demand for detox for clients of all ages. In particular, it highlighted the scarcity of such services for teens. 



Jason Gorham, administrator of residential services at Rosecrance Griffin Williamson Campus, debriefs staff during a weekly meeting.

Two new Rockford facilities help improve delivery of behavioral health services



The new Rosecrance Ware Center offers a warm, open environment conducive to treatment.

Rosecrance is enhancing how it provides behavioral health services in Rockford through the introduction of two new facilities that help advance the integration of mental health and substance abuse services.

The Rosecrance Mulberry Center opened in October with triage and crisis residential programs housed together under one roof. The new Rosecrance Ware Center opened in November and nearly doubles the space for staff to provide and clients to receive outpatient mental health services that have been offered for many years at a different facility in downtown Rockford.

The facilities will bring Rosecrance closer to offering the “no wrong-door approach” for clients.

“These projects clearly demonstrate our commitment to serve this population,”

said President/CEO Philip Eaton. “We know and believe that people who struggle in our community deserve to have intentionally developed infrastructure to respond to their needs when they’re in crisis.

“I am very proud of our board of directors for their commitment to invest. This is a significant long-term investment in our commitment to providing behavioral health services to people in our community.”

“We couldn’t be happier with how the projects have turned out.” -Gary Larson, Rosecrance Projects Director

Substance abuse programs previously offered at the River District and Court Street sites also relocated there, as well some youth programming and adult substance abuse outpatient services.

(continued)

Rosecrance alumnus, chief medical officer get national press

NBC and WGN aired programs in September featuring interviews with Rosecrance Chief Medical Officer Dr. Thomas Wright and a former client about the nation’s heroin crisis.

The interview with Wright and former Rosecrance client Wes aired Sept. 7 on “NBC Nightly News” with weekend anchor Lester Holt. NBC reporter Mark Potter, interviewed Wright, Wes and Deb L., the mother of a boy who went through Rosecrance’s residential program for adolescents. Wright talked about the nature of heroin addiction and how Rosecrance treats people for heroin dependence.

Wes and Deb both debunked the notion of the “Heroin Highway,” which refers to interstate routes from the suburbs into the inner city to buy heroin from street dealers. They said heroin is easily obtainable with a phone call in any of Chicago’s suburbs, and no one needs to go to the city to get it.

On Sept. 10, Wes and his father, Tom, appeared on the WGN Morning Show with host Steve Cochran and morning news anchor Andrea Darlas. Wes spoke about his recovery from heroin addiction and Tom spoke about the struggles of being a father of an addict.

Both the NBC and WGN interviews can be found at rosecrance.org.

Two new Rockford facilities

(continued from page 9)

The 42,000-square-foot Ware Center is the new home of the Recovery Resource Center, an interactive space where clients can mingle, socialize and work with staff in a warm, welcoming environment. The center also has a chapel, a signature component of Rosecrance facilities.

Rosecrance Projects Director Gary Larson said the goal of the Ware Center was to “create a facility that serves the needs of clients in an environment that makes them comfortable.” The organization did a nationwide search for architects and landed on Rockford-based Saavedra Gehlhausen Architects and Eckenhoff Saunders Architects in Chicago.

“We couldn’t be happier with how the projects have turned out,” Larson said. “The architects really brought in a lot of design elements and met with focus groups of clients and staff to come up with a design of the building that best suits our efficiency as a corporation and best suits the comfort levels and the ability to treat clients.”

Eaton said Rosecrance has received a resounding warm welcome from the North Main Street corridor neighbors. People have called and sent emails welcoming the organization to the neighborhood.

“It’s been decades since a workforce has moved to this quadrant of Rockford, and we’re bringing more than 100 good-paying jobs to the neighborhood,” Eaton said.

The Mulberry Center, named for its location at 605 Mulberry St., is a

7,000-square-foot, state-of-the-art facility and one of a kind in Illinois. It’s a welcoming environment for clients experiencing psychiatric crisis. Rosecrance received a \$1.5 million grant from the Illinois Department of Commerce and Economic Opportunity to renovate and expand an existing building.

The triage program has space for seven people who need immediate evaluation during a psychiatric crisis. It’s a voluntary program where adult clients are evaluated, stabilized and moved to the appropriate level of care within 23 hours. Clients might come to the center from area hospital emergency rooms or they might be brought in by family or law enforcement.

The crisis residential program has 16 beds: 12 for clients who need ongoing stabilization but not hospitalization and four detoxification beds opening in early 2015 for clients with co-occurring mental health and substance abuse disorders. The average length of stay in the crisis residential program is three to five days, but clients may be in the program up to 14 days. 



Living room space in the crisis residential program at the Rosecrance Mulberry Center.



Rosecrance Waukesha County expands programs to young adults

Rosecrance Waukesha County has created an Emerging Adult Program for 18-to-26-year-olds struggling with substance use issues.

Groups meet two times weekly, and meetings will focus on learning skills to live a healthy life, managing stress and building core values. Confidential drug and alcohol evaluations are offered at no charge.

The Rosecrance Waukesha County office is located at N27 W23957 Paul Road, Suite 101, in Pewaukee, Wisconsin. It specializes in adolescent substance abuse treatment services and offers the following services: an intensive outpatient program, continuing care group, early intervention services, assistance to families who need help finding resources, urine drug screens and substance abuse awareness training and education for professionals, community organizations and parents.

Call 262-278-9764 for more information or to make a referral.

Unique new Rosecrance Florian Program aims to help firefighters, paramedics



Rosecrance staff participated in several exercises through the Rockford Fire Department Training Academy.

Firefighters and paramedics can encounter traumatic events in the line of duty every day. To deal with the stress of their jobs, some turn to alcohol and other drugs.

The new Rosecrance Florian Program offers the best opportunity for lasting recovery by incorporating occupational factors into the treatment process. The program will be housed in a designated, eight-bed coed unit at the Rosecrance Harrison Campus, a modern 97-bed adult facility in Rockford that offers a full continuum of inpatient and outpatient services.

Daniel DeGryse, an active-duty battalion chief/EMT with 25 years’ experience

at the Chicago Fire Department, was hired in June to direct the program. He developed the program with Dr. Raymond Garcia, a board-certified psychiatrist and addictionologist who is trained in treating firefighters and paramedics for co-occurring substance abuse and mental health disorders.

Florian, named for the patron saint of firefighters, is the only program in the country that specializes in serving firefighters and paramedics who need substance abuse treatment but who also need care for job-related post-traumatic stress disorder, anxiety, depression and other mental health issues.

A 12-member committee comprised of experienced firefighters and fire personnel from across the nation will help advise the Florian Program.

“I have worked with Rosecrance for years and referred many people to Rosecrance for substance abuse treatment,” DeGryse said. “The staff was eager to learn more about the firefighting culture and create a unique therapeutic program dedicated to this population.

“I think this program will help our clients learn to take care of themselves, help them return to work safely, continue their recovery, be healthy again and improve their quality of life.” 



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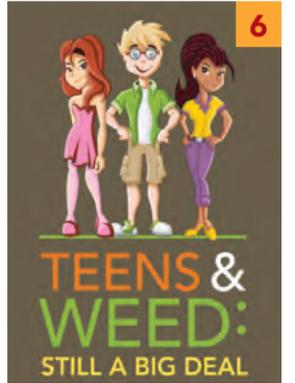
1) John J. McDonough Philanthropic Leadership Award; 2) David Gomel, Senior VP/COO; 3) Donation from Freeport Community Foundation



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4) Anne Boccignone, VP of Development; 5) "In My Shoes" Exhibit; 6) "Teens & Weed" Brochure

NEWS BRIEFS

The latest

Rosecrance Foundation honors John McDonough with new award for philanthropic leadership

The Rosecrance Foundation awarded the first John J. McDonough Philanthropic Leadership Award to its namesake June 18 in honor of the retired Lake Forest industrialist's long-term efforts on behalf of the organization. McDonough chairs the Rosecrance Foundation Chicago Board and founded and owned several businesses, including GENDEX Corp. His contributions to Rosecrance are many, and he has been deeply committed to making a difference.

Two other members of the Foundation's Chicago Board also were recognized for their leadership to enhance Rosecrance's charitable efforts. Susan Smith, former senior vice president and general counsel for Hyatt Hotels Corp., was recognized for her role in creating the annual Cooking Up Hope fundraiser in Naperville. Also honored was David Beto, chairman of Ford Tool Inc. in Rockford and a longtime member of the Rosecrance Foundation Rockford Board. He was instrumental in helping establish and grow the Chicago Board five years ago and also serves on that board.

David Gomel receives state service award

David Gomel, Rosecrance's senior vice president and chief operating officer, received the George Schwab Distinguished Service Award, which recognizes leaders in the field of substance abuse treatment. Gomel received the award Sept. 4 at the Illinois Alcoholism and Drug Dependence Association Fall Conference. The award honors the memory of George Schwab, the association's president from 1979-1980, and symbolizes the sacrifice and commitment of professionals in the alcohol/other drug field. Gomel has more than 20 years' experience in behavioral health treatment, including a number of years providing direct clinical services and various administrative roles. Gomel started his career with Rosecrance in 1993.

Freeport donation to support new basketball court at Rosecrance Hillman House

The Freeport Community Foundation donated \$4,000 in July to Rosecrance to support construction of a new basketball court at Hillman House, a substance abuse treatment recovery home for adolescent male clients. Foundation Executive Director Daniel Schmitt and Dick Drogosz presented the check to Lynne Vass, Rosecrance's senior vice president of development. The donation is a gift from the John M. Drogosz Youth Substance Abuse Prevention/Treatment Memorial Fund through the Freeport Community Foundation. The fund was established in December 2010 by Dick and Marianne Drogosz, John's parents. Grants aim to help nonprofit organizations with educational, prevention and/or treatment of substance abuse programs focused on helping youth ages 21 and younger.

Anne Boccignone becomes new development leader for Rosecrance

Anne Boccignone joined Rosecrance in October as the new vice president of development. She will replace Lynne Vass, who is retiring at year's end after more than two decades with Rosecrance. Boccignone hails from Beloit, Wisconsin, and has more than 20 years of experience in private, public and nonprofit sector marketing and communications. During that time, she spent more than a decade working in the advertising industry in Minneapolis. She most recently worked as a brand strategist for Rockford strategic communications firm GrahamSpencer.

Traveling Rosecrance show exhibit shines spotlight on recovery

A creative art exhibit titled "In My Shoes" featuring painted shoes is traveling the region bringing awareness to Rosecrance's mission of help, hope and recovery for children, youth, adults and families. Rosecrance adolescent clients in treatment for substance abuse painted the shoes, which were donated by staff members. The used shoes were painted white to create blank canvases, and clients decorated the shoes with pictures, words and stories of their own struggles and recovery journeys. The art show launched with a two-day event Oct. 20-21 at the James R. Thompson Center in Chicago. The shoes also have been displayed at the Naperville Municipal Center and the Metra Ogilvie Transportation Center.

Rosecrance study shows teens think marijuana legalization encourages experimentation

The legalization of marijuana in many states may be changing the way teens think about marijuana and other harmful substances such as heroin. A study commissioned this year by Rosecrance shows that the legalization of marijuana may encourage teenagers to experiment with the drug, along with other substances.

"There is a common misconception that marijuana is not an addictive substance," said Dr. Thomas Wright, Rosecrance's chief medical officer. "Marijuana is addictive, and teenagers become addicted to substances more quickly than adults and, therefore, are the most vulnerable. There is no safe level of substance use among teenagers. Their brains are still developing, and substances can cause permanent damage."

Rosecrance has created two publications to help parents talk to their kids about marijuana. The first is an animated public service announcement available in 60- and 30-second versions that shows parents in casual conversation talking to their teens about the dangers of marijuana use.

The second is a pamphlet called "Teens and Weed," which was produced with input from Rosecrance clinical staff and teens in treatment. It's designed to help answer some of the tough questions and address scenarios posed by kids regarding marijuana.

Both publications can be accessed and downloaded through rosecrance.org.

Annual benefit raised record funds for clients in needs



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The 2014 Rosecrance Foundation Benefit raised a record \$587,000 to help patients who need financial help for mental health and substance abuse services.

The vocal trio The Texas Tenors entertained the crowd of more than 800 guests April 28 at Giovanni's Restaurant & Convention Center.

Proceeds from the annual event go to the Kinley Charity Care Fund, which has raised more than \$7 million to help families since the fund was established in 1984. A record 377 families received assistance for treatment last year. Lisa Lindman, chairwoman of the Rosecrance Foundation Board, expressed gratitude for the generosity of community benefactors who support the benefit.

"We owe the success of this event to our many generous donors who understand the importance of treatment to the well-being of families and entire communities," Lindman said. "The money we raise at the benefit translates into direct care for our clients who need assistance the most. These are real, concrete, direct services that save lives."

1) The Texas Tenors entertained the sold-out crowd with their unique blend of country, classical and gospel music. 2) Lisa Lindman, Rosecrance Foundation Board, Chair, tipped her hat to recovery as she thanked donors for their support. 3) Rev. Meridith Graham, Rosecrance Chaplain, blessed the food and the work of Rosecrance. 4) Portia Hanebuth and daughter, Dr. Portia Downey, were two of many benefactors and friends of Rosecrance who attended the benefactors' reception before the benefit. 5) Rosecrance President/CEO Philip Eaton presents Thomas Furst, past chair of the Rosecrance Foundation and Health Network boards, with the 2014 Castle Award.



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The sold-out event also featured presentation of The Castle Award, Rosecrance's pinnacle honor, to Thomas C. Furst in recognition of almost two decades of leadership on Rosecrance's boards of directors. Most recently, Furst chaired the Rosecrance Health Network Board for seven years. He previously chaired the Foundation board, which he joined in 1997, and has served in virtually every volunteer leadership role for the organization.

Rosecrance President/CEO Philip Eaton called Furst a transformational leader. "He has a unique quality of being able to bring others to the table, and then he educates and motivates them to support a cause," Eaton said. "We have been fortunate that for almost two decades, Tom has used those rare talents to benefit Rosecrance." 

Thanks to our 2014 Benefit Benefactors

\$15,000 and above

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Dave and Cherry Beto
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SwedishAmerican Health System

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Alpine Bank
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Darlene Furst
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**"Do what you can,
with what you have,
where you are."**

-Theodore Roosevelt

Bill and Sue LaFever
Michael and Kathryn J. LaMonica
The Mark Lindman Family
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\$3,000 to \$4,999

Ace Coffee Bar, Inc.
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Zeno Group

Cooking Up Hope contributes \$100,000 to collegiate recovery



Chefs Damaso Espino and Massimo Salatino (left to right) of Francesca's Restaurants participated in the 2014 Cooking Up Hope event. They served roasted sweet corn basil soup and pepper relish.

Eleven great chefs and a local grocer teamed up with The Rosecrance Foundation Chicago Board for a chef's tasting Oct. 5 that raised more than \$100,000 to serve area college students in recovery.

About 240 people attended the fifth annual Cooking Up Hope at the Naperville Country Club. Proceeds will help establish a recovery residence for students who attend colleges and universities in Chicago.

The home will be the first of its kind in the city. Rosecrance is one of Illinois' leading providers of substance abuse treatment for teens and adults, offering the state's largest residential program for adolescents.

Proceeds from the event always support services for Chicago area youth who seek treatment for substance abuse. Each year, The Rosecrance Foundation provides more than \$500,000 in charity care to families who do not have insurance or personal resources to pay for treatment.

Cooking Up Hope was established in 2010 by the Rosecrance Foundation's Chicago Board. Chefs with Francesca's Restaurants, which have participated in the event since it started, emphasized the importance of being involved with Cooking Up Hope.

"It's nice to give back to the community that has been supporting us from the beginning," Francesca's Corporate Chef Massimo Salatino said. 

Sponsors

Gold Plate (\$10,000 and above):

Foglia Family Foundation, John and Marilyn McDonough, David and Susan Smith Family

Silver Spoon (\$5,000 to \$9,999):

Anonymous, Popovits & Robinson, PC

Crystal Goblet (\$2,500 to \$4,999):

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Brass Ring (\$1,500 to \$2,499):

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Restaurants & Businesses

Alchemy, Casey's Foods, Francesca's Restaurants, Heaven on Seven, Hyatt Lodge at McDonald's Campus, Hyatt Regency Chicago, Kuma's Asian Bistro, Naperville Country Club, Nothing Bundt Cakes Naperville, Stan's Donuts & Coffee, Uncle Bub's BBQ and Yerbabuena Mexican Cuisine

BY THE NUMBERS

Clients by age

14 years	2%
15 years	9%
16 years	21%
17 years	32%
18 years	27%
19 years or older	9%

Clients by gender

Male	70%
Female	30%

Clients by county

Cook/collar counties	59%
N. Illinois counties	23%
S. Wisconsin counties	10%
Other	8%

Clients by program

Inpatient	60%
Outpatient	35%
Recovery homes	5%

Successful discharge rate: 86%

Residential inpatient program

These charts use data to count the number of teens receiving substance abuse services at Rosecrance. Clients may be admitted in more than one program during the same visit or be served at a site intended for a younger or older demographic. Age data is not recorded in all instances.

Adolescent substance abuse division

Rosecrance provides evidence-based teen substance use disorder programs that incorporate clinical, medical, educational and experiential therapies into a comprehensive individualized treatment plan. All programs serve youth 12-19 years old who exhibit signs or symptoms of alcohol or other drug involvement.

1,408 teens served in substance abuse programs

Programs & facilities

GRIFFIN WILLIAMSON CAMPUS: The 67,000-square-foot, 84-bed inpatient adolescent treatment center offers an accredited school, chapel, gymnasium, fitness center, Healing Garden and year-round conservatory.

RECOVERY HOMES: Hillman House and Marlowe House are recovery homes for teens who have successfully completed an inpatient treatment program.

SATELLITE OFFICES: Frankfort, Lincoln Park, Naperville, Northbrook and Oak Park satellite offices provide free consultations, referrals, outreach services and recovery support groups in Chicagoland.

Average length of stay

Inpatient	38 days
Outpatient	57 days
Recovery homes	141 days

MCHEMRY COUNTY: Rosecrance McHenry County provides evidence-based outpatient substance abuse treatment for teens and adults at two locations in McHenry County.

WAUKESHA COUNTY: Rosecrance Waukesha County provides outpatient services, including prevention, early intervention and treatment, for families with teens and young adults.

Rosecrance Griffin Williamson Campus

Adult substance abuse division

Rosecrance adult substance abuse treatment programs include evidence-based group, individual and family counseling. Group activities include educational/didactic lectures, team building/recreational activities, spirituality, education, experiential therapies and 12-Step education.

5,048 adults served in substance abuse programs

Programs & facilities

HARRISON CAMPUS: This 97-bed adult detoxification, inpatient and outpatient treatment center is located on 10 acres of park-like grounds. It houses a health center, serenity walking path, fitness center and chapel.

RECOVERY HOMES: Greendale House is a 10-unit apartment complex that serves recovering single adults and mothers with children who have completed an inpatient program.

ROSECRANCE BELVIDERE CLINIC Rosecrance Belvidere Clinic is a full-service outpatient substance abuse and mental health clinic serving adults in the Boone County.

Rosecrance Harrison Campus

Average length of stay

Inpatient	30 days
Outpatient	72 days
Recovery homes	108 days
Health Center	4 days

SATELLITE OFFICES: Frankfort, Lincoln Park, Naperville, Northbrook and Oak Park satellite offices provide free consultations, referrals, outreach services and support groups in Chicagoland.

MCHEMRY COUNTY: Rosecrance McHenry County provides evidence-based outpatient substance abuse and mental health treatment for teens and adults at two locations in McHenry County. McHenry County also has two recovery homes for adults in Woodstock.

BY THE NUMBERS

Clients by age

Younger than 18	1%
18-24 years	28%
25-34 years	32%
35-44 years	18%
45-54 years	15%
55 years or older	7%

Clients by gender

Male	62%
Female	38%

Clients by county

Cook/collar counties	26%
N. Illinois counties	66%
S. Wisconsin counties	4%
Other	4%

Clients by program

Inpatient	22%
Outpatient	35%
Recovery homes	2%
Health Center	41%

Successful discharge rate: 82%

Residential inpatient program

These charts use data to count the number of adults receiving substance abuse services at Rosecrance. Clients may be admitted in more than one program in the same visit or be served at a site intended for a younger or older demographic. Age is not recorded in all instances.



BY THE NUMBERS

Clients by age

3-5 years	5%
6-10 years	33%
11-13 years	22%
14-17 years	40%

Clients by gender

Male	56%
Female	44%

Clients by county

Winnebago	83%
Boone	13%
Other	4%

Most frequent mental health diagnoses

ADHD	744
Anxiety disorder	106
Bipolar	241
Depression	402
PTSD	55
Schizophrenia	8

These charts use data to count the number of adolescents receiving mental health services at Rosecrance. Clients may be admitted in more than one program during the same visit and occasionally are served at a site intended for a younger or older demographic. Age data is not recorded in all instances.

Children and youth mental health division

Rosecrance provides the most advanced and comprehensive diagnosis and treatment for childhood emotional disorders, using evidence-based models for care delivered in a child-friendly environment. Our board-certified counselors, psychologists and social workers provide the highest-quality care for young people.

4,317 children and youth served in mental health programs

Programs & facilities

BERRY CAMPUS

This 22,000-square-foot facility offers a comfortable, family-friendly environment conducive to therapy, with a focus on outpatient programming for children and teens with mental health needs.

COMMUNITY SUPPORT PROGRAM (CSP)

This therapeutic mentoring program teaches life skills to children, including social skills, self-esteem, boundaries and coping. The program is five hours per week and lasts up to six months.

SCREENING, ASSESSMENT AND SUPPORT SERVICES (SASS)

The Berry Campus provides 24/7 emergency screening and assessment services for immediate treatment that often includes referral for hospitalization.

SCHOOL-LINKED SERVICES

This program provides therapy in a school setting or at home in conjunction with Rockford Public Schools and the Winnebago County Health Department

MCHEMRY COUNTY: Rosecrance McHenry County provides evidence-based outpatient mental health treatment for teens and adults at two locations in McHenry County.

Rosecrance Berry Campus

Adult mental health division

Rosecrance is dedicated to providing caring, personalized, evidence-based solutions for individuals and families living with emotional disorders and mental illness. Rosecrance provides quality mental health assessments, outpatient treatment and rehabilitation in a friendly environment, as well as housing for adults.

10,293 adults served in mental health programs

Programs & facilities

ROSECRANCE WARE CENTER

The Ware Center offers full-service outpatient services for adult mental health clients and adolescent and adult substance abuse clients. Services include access and emergency services, residential housing, community recovery, integration and support (crisis) services, court services and specialized substance abuse outpatient programs.

ROSECRANCE MULBERRY CENTER

This facility combines two closely linked programs—triage and short-term residential

under one roof. This location also offers substance abuse detoxification services for individuals in a mental health crisis.

ROSECRANCE BELVIDERE CLINIC

Rosecrance Belvidere Clinic is a full-service outpatient mental health and substance abuse clinic serving adults in Boone County.

MCHEMRY COUNTY: Rosecrance McHenry County provides outpatient mental health treatment for adults, including veterans with co-occurring mental health and substance abuse issues.

Rosecrance Ware Center

BY THE NUMBERS

Clients by age

18-24 years	14%
25-34 years	24%
35-44 years	22%
45-54 years	24%
Older than 55	16%

Clients by gender

Male	47%
Female	53%

Clients by county

Winnebago	92%
Boone	4%
Other	4%

Most frequent mental health diagnoses

ADHD	59
Anxiety disorder	246
Bipolar	1168
Depression	1212
PTSD	133
Schizophrenia	457

These charts use data to count the number of adults receiving mental health services at Rosecrance. Clients may be admitted in more than one program during the same visit and occasionally are served at a site intended for a younger or older demographic. Age data is not recorded in all instances.





Rosecrance Griffin Williamson Campus

Honorariums & Memorials

April 1, 2014 - November 15, 2014

Honorariums

Sean

Patrick and Eileen Kenny

Dave Beto

John and Marilyn McDonough

Philip and Cherri Eaton

Lois Wagner

Rev. Dr. William Lenters

Gerald L. McIntosh

John McDonough

Dave and Cherry Beto

Pat Spangler

Streator Substance Abuse Prevention Coalition

Jim and Pat Vandiver

Lynne D. Vass

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Stephen Amundsen, Jr.

Kendall Butler

Ryan Stanley Ampulski

Allison Alexander
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Darlene and Dan Daly
Robert Dumas
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Jeff Gonyo
Allyson Hoffman
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Tom and Rosemary Spataro and sons
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Mission

Rosecrance provides help, hope and recovery to children, youth, adults and families.

Vision

Rosecrance will offer the best opportunity for lasting recovery.

Leadership team

Philip W. Eaton, President/CEO

Mary Ann Abate, Vice President of Public Policy

Anne Boccignone, Vice President of Development

Ann Bown, Executive Assistant

David Gomel, Senior Vice President and Chief Operating Officer

Judith Jobe, Senior Vice President and Chief Administrative Officer

John Schuster, Vice President and Chief Financial Officer

Lynne Vass, Senior Vice President of Development

Janis Waddell, Senior Vice President of Marketing

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Renée Popovits, General Counsel

Rosecrance Health Network
1021 North Mulford Road
Rockford, IL 61107

Non-Profit Organization
U.S. Postage
PAID
Rockford, IL Permit 2949

Upcoming events

To register or learn more about these and other events, visit: Rosecrance.org/events

Prevention and Early Intervention: Frankfort, Naperville and Northbrook

Must have completed a substance abuse assessment and received a recommendation to attend

**All sessions begin in January 2015
Time varies**

Cost: \$150 per person. Please visit rosecrance.org/events.

For more information, call 815.387.5607 or email jlyttle@rosecrance.org.

1-2-3 Magic: Effective Discipline for Children 2 -12

A humorous look at parenting, a serious look at discipline. This is a national curriculum.

**Sessions in January, February
and March 2015**

Times vary

Rosecrance Berry Campus
8616 Northern Avenue
Rockford, IL

Cost: \$60 per person/\$90 per couple.
Visit rosecrance.org/events to register.

For more information, call 815.391.1000.

The 2015 Rosecrance Foundation Benefit

Guest entertainers: Lonestar. All proceeds will benefit The Kinley Charity Care Fund.

Monday, April 27, 2015, 6:30 p.m.

Giovanni's
610 North Bell School Road
Rockford, IL

For more information on donor opportunities and/or tickets, call 815.387.5636 or email aboccignone@rosecrance.org

Reach is published by Rosecrance Health Network to inform friends about events, programs and services. Rosecrance is a leading provider of treatment services for individuals with substance use and mental health disorders. More than 16,000 children, teens, adults and families receive help each year.

Rosecrance is licensed and partially funded by the Illinois Department of Human Services. Accredited by The Joint Commission, Rosecrance is a certified Medicaid provider and is approved by most insurance companies.

For more information about Rosecrance services, call 888.928.5278 or visit rosecrance.org.

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