

spring/summer
2012

reach

**Spring
success
stories**

Unique services lead to same destination: Recovery



Phil Eaton

Philip W. Eaton
President/CEO

At a recent conference, a long-time colleague in the addiction treatment field asked to have dinner with me, and his opening question took me aback: “Where are you going with this new mental health effort?” he asked, and then he went on. “Is this a trend toward integration that we are missing? How’s it going?”

It occurred to me that some other people might be wondering where Rosecrance is heading. The wonderment may be occurring from two directions — from the substance abuse treatment perspective and from the mental health services direction. Both treatment areas have strong advocates.

To answer the last question first: The merger is going very well. On Sept. 1, we will mark the one-year anniversary of the formal merger between Rosecrance and the former Janet Wattles Center. Our early integration of services predates that by eight months, as the two organizations formally “affiliated” at the beginning of 2011.

Over 18 months, we have combined our back office functions to improve efficiencies in such areas as finance, human resources, purchasing and technology. Saving money was not the goal of the merger, but being more efficient never hurts and allows us to serve more people with the resources we have.

At the same time, we are making strides toward integrating services for people with co-occurring disorders. We are working toward a time when we can offer “one-stop shopping,” so to speak, to clients with dual diagnoses of substance use and mental health disorders. We were already doing that to some extent before the merger, and our progress in that direction continues to move forward. We are serious about recovery, and we need to treat the whole person.

Meanwhile, many of our services have remained and should remain distinct and unique from one another. Graphically, think of it this way: Say substance abuse services are contained within a yellow circle. Mental health services are in a blue circle. Push the circles together so that they overlap on one side to create a new area of green. Clients in the center need services from both sides.

While the number of clients who could rightly be placed in the green area is growing, Rosecrance still offers services that are unique to mental health and unique to substance abuse. We continue to embrace the evidence-based practices that lead to lifelong recovery, wherever the client fits in the interlocking circles.

The key concept is summed up in the word recovery. It’s where the rubber meets the road, if you’ll pardon the cliché. It is the unifying theme of what we do at Rosecrance, regardless of whether the client came to us for help with substance abuse, mental illness or both. And to my colleague who sparked this thought process: Thanks for asking.

As we continue to move our mission forward, please keep our board, our staff and the clients we serve in your prayers as we all go, by the Grace of God, one day at a time.

reach

spring/summer 2012

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Patrick Garcia spent the better part of his life behind bars. He endured two failed marriages. He lived on the streets. Today, Garcia credits the Rosecrance Homeless Veterans Program with helping him put his life back together.

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Director of Communications:

Judy Emerson

Communications Design

Coordinator: Billy Kulpa

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Patrick Garcia is seen in front of a full-scale mural he painted on the Veterans of Foreign Wars building on 7th Street in Rockford. Garcia calls the mural his “comeback art.”

Life reclaimed

Rosecrance helps Vietnam-era vet reach goals after living on the streets

Patrick Garcia issues orders into a walkie talkie. A worker he supervises at the Millennium Center in Rockford applied the wrong kind of spackle to repair a hole in the wall, and Garcia doesn't have time to take care of the situation before lunch. It's a relatively small problem for Garcia, 58, but one he takes pride in remedying. He's been building manager at the facility since July 2011. He considers it an amazing opportunity. And it really is, especially when you consider that just a few years ago, Garcia was homeless.

A traditional upbringing

Garcia spent the better part of his life behind bars. He endured two failed marriages. He missed out on relationships with two children. He lived on the streets. He blames all of it on drug and alcohol abuse.

But for more than five years — since 2006 — he's been putting his life back together.

Patrick Eugene Garcia was born in 1954, in Plant City, Fla., the eldest of four children. He grew up in a traditional Catholic home — no swearing, no drinking and plenty of hard work.

Garcia describes his childhood as “exactly what you'd expect from that era.” His father was strict, but not harsh, and his mother was a nurturing homemaker. He tapped into his artistic side by the time he

was 6, sneaking into his father's study to watch him paint and draw. The discovery would spark a lifelong interest in the arts.

Garcia finds no fault in his upbringing, and doesn't connect any dots that led to the turmoil he would encounter later in life. If you're looking for where things began to go wrong, you could point to July of 1971, when he enlisted in the United States Army at the age of 17.

Because of his budding artistic skills, the Army trained Garcia as a medical illustrator. He remained stateside during the war in Vietnam, but developed survivor's guilt after seeing his peers return to the U.S. with debilitating injuries. He was 18 when he began abusing substances.

“I was drinking a lot,” Garcia said. “Beer was a dollar a pitcher. It was just what you did. It’s what we all did.”

“I started doing other things, too: Pot. LSD. Mescaline. Speed.”

It was the beginning of more than three decades of substance abuse. After the Army, Garcia’s abuse devolved from experimentation to addiction. It began with habitual glue sniffing, but his addiction would lead to other drugs, as well.

In trying to pay for his habit, Garcia was arrested several times for burglary and other financially motivated crimes. The abuse also cost him two marriages and relationships with his children.

“Crack cocaine was my drug,” Garcia said. “Most of my adult life — at least three quarters of it — I’ve been locked up. All of it was related to drugs or alcohol.”

“None of my family wanted me around. My father passed away in ’93. I was in prison at the time.”

Road to recovery

In 2006, during his fifth stint behind bars, Garcia found himself eligible to leave prison on parole — provided he could find a residence. His case worker suggested the Rockford Rescue Mission, which would accept parolees and provide a permanent address. Without the program, Garcia would have remained behind bars until his sentence ended in January 2012.

The Mission put Garcia in a one-year recovery program and gave him an opportunity to practice his painting, drawing and other artwork — something

About the Homeless Veterans Program

The Homeless Veterans Program is a maximum two-year program requiring complete abstinence from substance abuse. Attendance at Veterans Affairs meetings is mandatory, and participation in Alcoholics Anonymous or other 12-Step programs is encouraged.

Program participants live in a Rosecrance-run apartment for the duration of their stay. All money paid into rent is redirected into a savings account, which is then given to the veteran at the end of program to use for living expenses.

The goal of the program is to provide transitional housing while the veteran seeks full-time employment and housing.

he saw as the key to his recovery. It wasn’t long before he was commissioned to paint a full-scale mural on the Veterans of Foreign Wars building on 7th Street in Rockford.

“I found out later that my dad was very proud of my artwork, which meant a lot to me,” said Garcia. “That mural was kind of my comeback art.”

Garcia’s talent was noticed, and he was recommended to Brad Gilbaugh after completing the Mission’s program. Gilbaugh manages Rosecrance’s Homeless Veterans Program, which provides transitional housing to veterans while they search for full-time housing and employment. Garcia spent about a year and a half in Rosecrance supportive housing.

“The guy has had some tough breaks in life — all related to drugs and alcohol — but when I first met him, you could tell he had the potential to succeed,” Gilbaugh said.

Gilbaugh put Garcia in contact with Nancy Vaccaro, who gave Garcia a job at the Millennium Center drawing portraits on Friday nights. Garcia parlayed the opportunity into his current full-time job.


“He made his mind up he was going to turn his life around, and he did it,” Gilbaugh said.

Today, Patrick Garcia lives a life free of substance abuse. He’s reconciled with his family — he plans to visit his mom, whom he hasn’t seen since 2003, in Denver later this year. He works during the week at the Millennium Center and practices his art during his off time. Local newspapers occasionally feature his artwork.

Garcia recently earned a promotion, maintaining all properties affiliated with the owners of the Millennium Center. Because of his position, he was able to offer a job to another person actively involved in Rosecrance’s Homeless Veterans Program.

“We’re very proud of Patrick,” said Susan Black, his case worker during his time in the Homeless Veterans Program, “and I know he’s very proud of himself.”

Garcia shares the credit.

“I often thank God, and the people who work in the facilities, for what they’ve done for me,” Garcia said. “I believe that being in the Homeless Veterans Program taught me to believe in myself again. I’ve had a chance to start over.” 

Written by Billy Kulpa

Free workshops offer strategies for families

Registration is open for a new workshop titled "What Can I Say to Convince Them to Quit?" The sessions will be offered free of charge at two locations in northern Illinois between now and July.

The sessions are designed to help family members and others who are concerned about a loved one's substance abuse. The workshops offer guidance to those who need to seek help for themselves and strategies for intervening with the substance abuser. The sessions feature David Lee, founder of Indiana-based Intervention Services and Technologies, Inc., the largest intervention service provider in North America.

Seminar teaches skills to recognize self-harming behavior

Learn about self-harming behavior, its causes and the evidence-based practices used to treat it at a free workshop at the Rosecrance Berry Campus on June 18.

This workshop is presented by Jason Relle of the Rosecrance Berry Campus.

Registration is available online and includes 1.5 CEUs for LMFTs, social workers and counselors and CPDUs for teachers.

View all of our trainings online:
rosecrance.org/events

Annual conference



Speakers set for annual adolescent health workshop

Clinical psychologist Dr. Margaret Wehrenberg, an expert on the treatment of anxiety and depression, is scheduled as keynote presenter at the annual Challenges in Adolescent Behavioral Health conference June 14 in Rockford.

The conference, presented by Rosecrance, highlights the best and latest methods for diagnosing and treating mental health and substance abuse issues in adolescents.

Dr. Wehrenberg's presentation is titled "How to Effectively Treat Panic and Worry in Adolescents."

Rosecrance Chief Medical Officer Dr. Thomas Wright, Rosecrance Ware Center's Dr. Michael Kuna and

Conference details

Date: June 14, 8 a.m. to 3:30 p.m.

Cost: \$60

CEUs: 6.5 for social workers, counselors, LMFT and IAODAPCA. CPDUs for teachers.

Register online at:

Rosecrance.org/events

Alexian Brothers' Dr. Denise Styer also are scheduled to speak.

"Adolescents live in an anxiety-provoking world of social and emotional demands that fluctuate rapidly," said Dr. Wehrenberg. "They need specific, concrete resources to manage their responses in this rapidly shifting emotional environment."

Chaplain receives journalism award

Rosecrance Chaplain The Rev. Dr. William “Bill” Lenters has won the distinguished National Association of Addiction Treatment Providers’ (NAATP) Michael Q. Ford Journalism Award for 2012.

The Michael Q. Ford Journalism Award recognizes journalistic efforts that promote the value of and need for addiction treatment. Ford, who passed away in 1999, was the first executive of NAATP.

“It surprises me to get recognized for writing down what I think is fairly obvious,” said Lenters. “I am humbled.

“It makes me happy that I might have something meaningful to say to folks



The Rev. Dr. William Lenters works at his desk at Rosecrance Harrison Campus. Lenters received the 2012 National Association of Addiction Treatment Providers (NAATP) Michael Q. Ford Journalism Award.

who struggle with addiction and other life issues. Most of all, I am glad I can contribute to the good name of Rosecrance. We have a great staff and a great mission.”

In his nomination letter, Rosecrance President/CEO Philip W. Eaton wrote:

“At its finest, journalism educates, inspires and leads. Through his long-running series of published columns, Lenters has done all this and more. Since he came to work at Rosecrance in 1998, he has helped tens of thousands of patients and family members, as well as staff members, discover the strength and wisdom within themselves to face obstacles in their lives and find their way to recovery.

“Both through his writing and by his presence, he offers help and hope for the journey of life, whether or not his readers are in recovery from substance abuse.”

Fink earns top annual United Way award

Sherry Fink, a clinical supervisor at the Rosecrance Ware Center, received the 2012 Frank Ware Award of Excellence on Tuesday, April 17, at the annual United Way of Rock River Valley Volunteer Recognition event at Giovanni’s.

Fink, who has worked with the organization for 14 years, supervises a program called Projects for Assistance in



From left: Director of Volunteer Center at United Way of Rock River Valley Anna Kaye; Courtney Oertel, daughter of Frank Ware; Rosecrance’s Sherry Fink; and CEO and President of United Way of Rock River Valley Paul Logji pose after Fink received the 2012 Frank Ware Award of Excellence.

Transition from Homelessness (PATH). The program provides outreach and therapeutic services to individuals who are homeless or at imminent risk of becoming homeless and have a serious mental illness. Fink also supervises the PATH ex-offender program. This program offers services to individuals

released from the Department of Corrections.

Frank Ware was the longtime President/CEO of the Janet Wattles Center who, along with Rosecrance President/CEO Philip W. Eaton, led the merger of the two organizations. Ware died in February 2011.

Rosecrance Benefit

2012 featured Michael Cavanaugh and a record-setting 830 guests

The 2012 Rosecrance Foundation Benefit raised almost \$500,000 — a record — to provide services to clients who need financial assistance for treatment of substance use and mental health disorders.

The annual event also drew a record attendance of 830.

Entertainer Michael Cavanaugh and his band headlined the event on Monday, April 16, at Giovanni's. The Benefit also featured presentation of the Castle Award to Jerry Paris, a Rockford businessman who has provided distinguished service on Rosecrance boards for almost two decades.

A new video titled "Hope in Recovery," which features Rosecrance alumni, was premiered at the event. The video can be found online at rosecrance.org/video.

The annual event supports *The Kinley Charity Care Fund*, named for the late Verna Kinley, a former Rosecrance board member who was dedicated to the principle that no youth in need of treatment should be turned away because of a family's inability to pay for services. Since 1984, The Kinley Fund has provided more than \$6 million in care to patients.

John Griffin, chair of the Rosecrance Foundation Board of Directors, expressed gratitude for the ongoing



Michael Cavanaugh and his band perform at the Rosecrance Foundation Benefit on Monday, April 16, at Giovanni's. **More pictures on pages 10-11.**

support of corporations and individuals who make the Benefit successful. It is the organization's main fundraising vehicle for charity care, which each year assists almost 300 families.

"We are so very grateful to everyone who supports the Benefit because they believe, as we do, in the power of every human spirit to heal," Griffin said. "There is hope in treatment, and our event is all about helping people get the services they need, even if their financial resources are limited.

"Through their generosity, Rosecrance donors change and save the lives of people they will never meet."

During the afternoon of Benefit day, Cavanaugh visited the Griffin Williamson Campus to perform for and visit with adolescents in treatment for substance abuse. Traditionally, Benefit performers go to the adolescent campus before the sound check for the evening show.

This was an encore visit for Cavanaugh, who also headlined the 2008 Benefit.

He answered questions about how he got his start in show business, his work on Broadway in "Movin' Out," and what it's like to work with Billy Joel and Elton John, superstars whose music is included in Cavanaugh's repertoire. He urged his young audience to follow their own talents and interests to find fulfilling careers.

He also talked about how he tried other lines of work through the years, but kept coming back to music because that's what makes him happy.

Taking requests from patients, Cavanaugh sat down at the piano to perform, among other songs, "Rocket Man," "Candle in the Wind" and "Tiny Dancer." 🎵

Written by Judy Emerson



Rosecrance Health Network Board Member Jerry Paris hugs Jean Castle after accepting the 2012 Castle Award at the Rosecrance Foundation Benefit.

Jerry Paris presented with 2012 Castle Award

President/CEO Philip W. Eaton presented the Castle Award to Rosecrance Health Network Board Member Jerry Paris, who has helped to lead the organization in various roles for almost 20 years. Paris is a past board chair and currently leads the Foundation's Endowment Committee.

"He has been there for us as we've built buildings, expanded programs and struggled to meet the needs of the most vulnerable people," Eaton said of Paris. "He asks hard questions at the right time so that we can make the best decisions to move our mission forward and offer the best quality care."

Paris owns several area Midas Auto Repair Centers. He founded the Rosecrance/Midas Golf Shootout in 1992 and oversaw it for a decade,



Rosecrance Health Network President/CEO Philip W. Eaton and Jean Castle present the 2012 Castle Award to Jerry Paris at the Rosecrance Foundation Benefit. Visit rosecrance.org to see video of the ceremony.

during which time the event earned almost a quarter of a million dollars to support programs and services.

In addition to his work with Rosecrance, Paris has been involved in leadership at several other community agencies. He received the Crusader Community Health Spirit of Caring Award in 2007 for his deep community involvement. 

The 1916 Society

A legacy of caring

The roots of Rosecrance go deeper than 1916, which is the date on the organizational charter and which we claim as our birth year. Sometime before that, Dr. James and Fannie Rosecrance had the discussion about what to do with their homestead and land in New Milford.

They made provisions in their will that, upon their passing, their home would become an orphanage for boys. Their legacy of love, the Rosecrance Memorial Home for Children, opened its doors in 1916.

Through the years, many friends of Rosecrance have been inspired by their example to remember Rosecrance with a planned gift. *The 1916 Society* was established to recognize their philanthropic commitment to quality treatment and compassionate care for present and future generations.

These legacy gifts to the endowment through wills and trusts help to ensure the organization's future. Members of *The 1916 Society* become a permanent part of the Rosecrance story.

If you are interested in joining almost three dozen members of *The 1916 Society* by making a legacy gift, please call Lynne Vass at The Rosecrance Foundation at 815.387.5602.

Benefit photos

 More photos on Facebook:
facebook.com/lifeswaiting



1) Jane and Steve Kiley pose for a photograph during dinner at the 2012 Rosecrance Foundation Benefit on Monday, April 16, at Giovanni's. 2) Dave and Beverly Klintworth pose for a photograph during the Benefactor Reception at Giovanni's. 3) Rosecrance Foundation Chicago Board Member Gloria McFadden, Chicago Board Chair John McDonough and Marilyn McDonough pose for a photograph during the Benefactor reception. 4) Michael Cavanaugh and his band perform at the Benefit. A record-setting 830 people attended the event.



4



Rosecrance Flower Day 2012



Rosecrance volunteers and staff at Gensler Gardens on Orth Road were on hand to help customers with their purchases on May 10. They are, from left, Andrea Waite and Cindy Sundstedt, both volunteers from Cimco Resources Inc., Sandy Smith, Cassie Brown, Kristin Gensler and Darby Gensler.

Perfect weather for Flower Day

Sunshine and 70 degrees proved a winning combination for Rosecrance Flower Day at Gensler Gardens on May 10 as hundreds of gardeners — many of them friends of Rosecrance — came out to the greenhouses to purchase plants.

Once again, the annual event raised nearly \$25,000 for programs and services for clients in need of treatment for mental health and substance use disorders. The Gensler family gives a portion of the proceeds from the day's sales to Rosecrance for charity care services.

"We are so grateful for the Gensler family's commitment to Rosecrance and to the hundreds of gardeners who wait until Flower Day to stock up for the season," said Lynne Vass, Rosecrance Sr. Vice President of Development. "Each purchase makes this a healthier community, not to mention a more beautiful one."

Board members and Rosecrance volunteers were on hand throughout the day at both Gensler locations to help shoppers find what they needed and load their purchases into vehicles to take home.

2012 Rosecrance Foundation Benefit

Thanks to our 2012 Benefit Benefactors

\$15,000 and above

Aqua-Aerobic Systems and
Robert and Ingrid Wimmer
Kelley Williamson Company

\$10,000 — \$14,999

Dave and Cherry Beto
Ms. Wally Beville
BMO Harris Bank
ExxonMobil Fuels Marketing
Mr. and Mrs. Gregory Franchini
John and Kim Griffin
Dan and Kristin Pecora

\$5,000 — \$9,999

George E. and Carol Bates
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John and Susan Whitcher
Thomas Wright, M.D.,
and David Wilcox
University of Illinois College of
Medicine at Rockford
Carma and Amos Yoder

\$500 — \$1,499

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First National Bank & Trust
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Recovery Service Corporation
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Gregg and Gail Liebovich
Lou Jean Moyer
Netsmart Technologies
Players Golf Cars
Bob and Bev Rosecrance
Steve Schupbach
Sinnissippi Centers, Inc.
Christopher and Heather Sliva
Drs. Scott and Therese Trenhaile
Jeff and Denise Welch



Former members of the Janet Wattles Foundation board were honored Thursday, Jan. 12, at a gathering at the University Club of Rockford. Pictured, from left: Janet Beger, Rodney Link, Gwyn Gulley, Jeff Nielsen, Jean Beranek, Patricia Black, David Hagney and Richard Berman. Not pictured are Thomas Dudgeon, George Picha and financial adviser David Klintworth.

New fund supports mental health

Janet Wattles Foundation has combined with Rosecrance Foundation

The Rosecrance Foundation honored 10 members of the former Janet Wattles Foundation Board and celebrated creation of a new endowment fund earmarked for mental health services during an event in January at the University Club.

For decades, the Janet Wattles Foundation (JWF) has raised funds through annual events and donations to support community mental health programs.

Rosecrance assumed management and operation of mental health services on Sept. 1, 2011, when Janet Wattles Center formally merged into Rosecrance.

Now, the organizations' fundraising arms, the charitable foundations, have combined under the auspices of The Rosecrance Foundation. The JWF Board decided that it made sense to transfer assets to The Rosecrance Foundation, effective Dec. 14, 2011, said Jean Beranek, JWF Board president.

The new Mental Health Fund is part of The Rosecrance Foundation Endowment. The agreement between foundations allowed the transfer of more than \$600,000 into the new endowment. As part of the merger, JWF also transferred ownership of the foundation's house on East State Street to The Rosecrance Foundation. Proceeds from

the eventual sale of the house also will go into the Mental Health Fund.


Beranek said her board members' first concern was ensuring the integrity of donations and estate gifts that were entrusted to JWF through the years to serve people with mental illness.

"We were given assurances by The Rosecrance Foundation that the money will remain committed to mental health, and that is the most important thing," Beranek said. "People can still donate and designate the gifts to mental health and feel sure that the money will go for that purpose."

John Griffin, chairman of The Rosecrance Foundation, said that in addition to the dedicated endowment fund, the foundation is committed to raising new funds to support local mental health services. He agreed with Beranek that it's essential to honor donors' wishes for their gifts.

"This new fund keeps the faith with people who have given so generously to improve the lives of a very vulnerable population," Griffin said. "The Rosecrance Foundation Board is honored to be able to ensure the integrity of these gifts and to make sure that this endowment is used to do the most good for the most people."

Griffin thanked JWF board members for their efforts on behalf of people with mental illness in the community.

"Their dedication to this cause has created a permanent legacy to benefit individuals and our community, as a whole," he said. 

Written by Judy Emerson



Memorials & Honorariums

Jan. 1, 2012 — May 31, 2012

Rosecrance Griffin Williamson Campus, spring 2012

Honorariums

Mary Ann Abate

Rydell Family Foundation/Dave and Jeanne Rydell

Emmalee Brown

Molly Larson

Alice Tsai

Shu Yi Tsai

Memorials

Stephen Amundsen, Jr.

Kendall A. Butler

Marilyn Baxter

Melinda Hagerman

Cedric Blazer

CWB Foundation

Jim Boeger

Charles and Marva Andrews
Joanne Blaser
Jon and Beth Boettner
Paul and Judith Clusen
Dan and Sharon Cooper

Judy Emerson

June Foster
Gregory & Laurel Franchini
George and Tanya Franklin
Andy and Wendy Gloor
Jim and Phyllis Gridley
Harvest Hills Homeowners Assn.
Romayne and Marlene Little
Kent and Marti Mallquist
Lloyd and Joanne McNames
Bonnie Mund
Rockford Lutheran Choral Union
Kathy Roushey
Lorraine Schuh
Eileen Schumann
Virginia Sharp
Donn and June Smith
Lynne D. Vass
Glenda Wells
Larry and Patricia Zachary

Richard Borre

Terry and Claudia Shapiro

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Karen F. Levis

Every effort has been made to list our donors correctly. If we have misspelled, inadvertently omitted or listed your name incorrectly, please call Lynne Vass at 815.387.5602, so we can correct our error. Thank you!



Judge Janet Holmgren, presiding judge of the Juvenile and Specialty Courts Division of the 17th Judicial Circuit Court, congratulates Rockford Police Sergeant Darin Spades on March 2 while distributing state certificates to participants in Rosecrance's crisis intervention training (C.I.T.). The program educates law enforcement officials in identifying and responding to individuals who may have a mental illness.

The latest

Abate named 'Woman of Year' by magazine

Mary Ann Abate, vice president and chief operating officer for mental health services for Rosecrance Health Network, was named "Woman of the Year" for 2012 by Rockford Woman magazine for her outstanding work in the mental health field. In selecting Abate from among 40 nominees and five finalists for the award, the judges noted several programs Abate led or influenced that changed the lives of people with mental illness.

Former Super Bowl winner visits Rosecrance

"L.A. Mike" **Richardson**, a defensive back with the 1985 Super Bowl-winning Chicago Bears, brought his story of addiction and recovery to the Rosecrance Griffin Williamson Adolescent Treatment Center on March 27. His substance abuse led to a string of convictions for drug offenses and a prison stint



that ended in 2010. Richardson told more than 80 teens in treatment at Rosecrance that he started hearing the messages that were being repeated in numerous rehab programs he entered: *One day at a time. Keep it simple. Get a sponsor.* He said he has been free from substance abuse for nearly five years.

NAMI recognizes mental health 'Stars'

The Northern Illinois chapter of the National Alliance on Mental Illness (NAMI) honored five Rosecrance staff members and the Stars of Light Theatre Troupe for excellence at the annual *Get to Know NAMI* event March 6. NAMI recognized: **Sherry Fink**, a longtime counselor at the Rosecrance Ware Center; **Bonnie Gilmore**, manager of the Recovery Resource Center; **Barbara Frederickson**, former Recovery Resource Center volunteer coordinator and **Mary Gubbe Lee**, training/volunteer coordinator for Rosecrance and founder of the **Stars of Light Theatre Troupe**. The ceremony was emceed by **Steve Vrtol** of Rosecrance, who was honored for his work directing the Stars of Light and other contributions to NAMI.

NEWSMAKERS



Anne Fridh, MS, PsyD

Director of Quality Management and Performance Improvement

Anne Fridh has been hired as Director of Quality Management and Performance Improvement. She will direct the quality management and performance improvement team and will bring a clinical eye to the quality of programs at Rosecrance. She has 19 years of experience in the social services field, including eight years at Janet Wattles Center. Before coming to Rosecrance, Fridh was the director of programs at a 65-bed residential behavioral treatment facility.



Mary Roufa, MS, CADC

Manager of Community Services and Support

Mary Roufa has been promoted to Manager of Community Services and Support. In her new position, she will supervise family programming, alumni and volunteers, the recovery lifeline, student assistance and prevention programs and more. Roufa has been with Rosecrance for more than 20 years, and has served as Adolescent Family Program Coordinator since 2004.

Rosecrance Health Network
1021 North Mulford Road
Rockford, IL 61107

Non-Profit Organization
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Upcoming events

To register or learn more about these and other events, visit: Rosecrance.org/events

Cooking Up Hope:

Sunday, Sept. 30
Noon to 2 p.m.

Naperville Country Club
25W570 Chicago Ave.
Naperville, IL 60540

Tickets: \$125 per person.

For more information, call 815.387.5608 or email dyoungberg@rosecrance.org.

Understanding Adolescent

Addiction: June 14 and July 12,
8:30 a.m. to 4:30 p.m.

Griffin Williamson Campus
1601 University Drive
Rockford, IL 61107

Free registration, seven IAODAPCA CEUs and seven educational CPDUs offered with this training.

For more information, call 815.720.5097 or email mlee@rosecrance.org.

What Can I Say to Convince Them to Quit?: Multiple workshops in Chicagoland

Thursday, June 21, in Orland Park, IL
Tuesday, July 17, in Oak Park, IL

For details and for **free registration**, please visit Rosecrance.org/events.

For more information, call 815.387.5607 or email jlyttle@rosecrance.org.

Reach is published by Rosecrance Health Network three times per year to inform friends about events, programs and services. Rosecrance, a not-for-profit organization, has been serving families since 1916.

Rosecrance is licensed and partially funded by the Illinois Department of Human Services. Accredited by The Joint Commission, Rosecrance is a certified Medicaid provider and is approved by most insurance companies.

For more information about Rosecrance services:

Substance abuse services: 815.391.1000 or 888.928.5278

Adult mental health services: 815.968.9300 Children and family mental health services: 815.332.8003

If you no longer wish to receive this newsletter, please contact Diana Youngberg at: dyoungberg@rosecrance.org or 815.387.5608.



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